

For and about FSU people
A publication of the FSU Division of Communications and Media Relations

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Copy deadline: noon Wednesday, Candis Johnson at statelines@frostburg.edu

Welcome (and Welcome Back) to FSU!

FSU Invites Community to Football Season Opener Followed by Fireworks

The FSU campus and local community are invited to come together for a Community Day on **Thursday, Aug. 31**, starting at 7 p.m. for fireworks – first on the football field, and later in the air.

The football game will pit two nationally ranked college teams, the No. 17 Frostburg Bobcats against the No. 18 Stevenson University Mustangs, as ranked by the national D3football.com poll. The Bobcats are coming off a 10-1 season in 2016 that culminated with a bowl win. Admission to this and all Bobcat athletic events is free.

Following the game, at around 9:30 p.m. or later, fireworks will be launched from the area of the upper practice fields above University Drive. The best view of the fireworks will be from the stands of Bobcat Stadium, but they should be visible from many other locations on campus and in Frostburg. Access to the area of the practice field will be restricted. There will be no rain date.

For info about the game, visit www.frostburgsports.com.

Frostburg and FSU Ready to Take to the Streets for Block Party

Fun on Frostburg's Main Street returns with the annual Block Party on **Wednesday**, **Sept. 6**, from 6 to 10 p.m., filled with music, entertainment, food, games and more. The rain date is **Thursday**, **Sept. 7**.

The event is sponsored by FSU Student Activities and the City of Frostburg Parks and Recreation Department as a way to bring together the campus and city communities and familiarize FSU's students with the businesses and organizations in Frostburg.

Activities include the Football Team Taco Challenge at 7:30 p.m., sponsored by A Place to Eat, which will feature an FSU Bobcat, an Allegany Camper, a Fort Hill Sentinel and a Mountain Ridge Miner competing to see who can eat the most tacos. Then at 8 p.m. will be the Ninth Annual Hot Pepper-Eating Contest. Music Express will provide music on Broadway. As usual, numerous local restaurants, food trucks, businesses and organizations will have stations up and down Main Street.

FSU SafeRide will offer FSU students a free shuttle to and from the Block Party from 5:45 to 10:30 p.m., leaving from two campus locations, Annapolis Hall and Brady Health.

For info, contact Brian Vought at bvought@frostburgcity.org or 301-689-6000, ext. 18.

Frostburg 101: A Taste of the City Invites FSU Students to Discover the 'Burg



Where do FSU students shop downtown? Where can a freshman dine out on a budget?

FSU students are invited to discover the answers for themselves at the downtown treasure hunt, Frostburg 101: A Taste of the City, where they will get to know downtown businesses and landmarks. The second annual event is set for noon to 4 p.m., **Saturday, Sept. 9**.

The Student Government Association, FrostburgFirst, FSU Foundation and FSU SafeRide have partnered with downtown businesses for students to win prizes by familiarizing themselves with what Frostburg has to offer.

There's no failing grade in Frostburg 101; however, you will want to be head of the class. The winning student will receive a pair of Snap Spectacles that can be used with Snapchat to share first-person videos and photos of his or her Frostburg adventures!

Here's how to enroll:

Bring your FSU ID to register at the St. Michael Catholic Church courtyard, 44 E. Main St., to obtain your passport.

Visit a combination of 12 restaurants, shops and points of interest to have your passport stamped to qualify for prizes. In the spirit of a true treasure hunt, the stamps will be placed in random locations in the business to encourage students to peruse the stores.

Post your finds on Instagram or Twitter with #Frostburg101 and tag @FrostburgFirst to receive credit for your posts. (Posts must be public to count!)

Don't fret about not having a ride to Main Street. Catch a free SafeRide Shuttle from Annapolis Hall, Edgewood Commons or Brady Health to the St. Michael Catholic Church courtyard from 11:45 a.m. to 4:30 p.m. A trolley service will also be available to move about town and will include a drop-off at registration.

In addition to the grand prize, the second prize will be a choice of a Netflix or Amazon Prime subscription and third, fourth and fifth place will each be awarded a \$10 gift certificate to a Frostburg business.

Show up early because the first 250 people to register receive a FrostburgFirst drawstring bag.

Businesses are offering additional discounts for students showing their FSU ID and the chance to win additional prizes!

Raffles include a chocolate gift basket at McFarland Candies, one free Intro to Knitting course with materials at Frostburg Fiber Depot, Fall Film Series tickets at the Palace Theatre, a rainbow stained-glass mobile at Spectrum Design Services and a \$25 gift card at Yellow K Records.

Samples include mini-smoked-turkey sandwiches at A Place to Eat; coffee, drinks and food at Clatter Coffee; pulled pork at The Draft Sports Bar & Grille; signature chicken tenders at the Princess Restaurant; and more.

Specials include discounted lattes at Clatter Coffee, 70 percent off select women's clothing at Crestmont LTD, pulled pork slider with mac and cheese for \$4.99 at The Draft, 20 percent off class fees at Frostburg Fiber Depot, 10 percent off art supplies at the General Art Store, \$3 chicken bacon ranch sliders at The Gin Mill, 15 percent off an entire order at Pet Wants Mountain Maryland, \$2.50 milkshakes at the Princess Restaurant and more.

A full list of participating businesses, samples and specials is available at www.downtownfrostburg.com/frostburg101. For info, contact FrostburgFirst at frostburgFirst@gmail.com or 301-689-6900.

BURG Peer Education Network Events

Mocktails on the Lawn, Monday, Aug. 28, noon to 2 p.m., in front of Café

General Body Meeting, Thursday, Aug. 31, 6:30 to 8 p.m., Compton 224

Cru Kicks Off Semester!



Cru wants to welcome everyone back to school with a series of events to kick off this school year with a bang! On **Monday, Aug. 28**, Cru will provide free coffee in Compton from 9:30 a.m. to noon. On **Tuesday, Aug. 29**, join Cru for football on the Lower Quad at 6 p.m. Then on **Wednesday, Aug. 30**, come meet the members of Cru at the Organization Fair from 11 a.m. to 2 p.m. by the Clock Tower. Later that afternoon, join them for games and a good time at the volleyball court outside Annapolis Hall at 6 p.m. Finally, on **Thursday, Aug. 31**, Cru will

give away coffee and muffins in Compton again from 9:30 a.m. to noon. Later that evening, come to Cru's first meeting of the year in the old BSM House (the white house with the red roof behind Annapolis Hall) at 8 p.m., followed by a free concert featuring Jonah Day and catered by Clatter. For info, email cru@frostburg.edu or find the group on Facebook at Frostburg Cru.

President Ronald Nowaczyk

Cordially Invites

The Frostburg State University Community

To The

STATE OF THE UNIVERSITY ADDRESS

Thursday, Aug. 31, 2016

3:30 p.m.

Pealer Recital Hall

Woodward D. Pealer Performing Arts Center

CES at FSU Announces 2017-18 Season of International Arts







Coming soon to CES at FSU are, from left, "Mutts Gone Nuts," Tango Buenos Aires and the Russian String Orchestra

CES at FSU will present an exciting 2017-18 season of international performing arts events. Artists from Switzerland, Ireland, Russia, the People's Republic of China, Cuba, Argentina, Trinidad and Tobago, the

Dominican Republic and the United States will offer performances in various genres, including ballet, classical music, circus arts and surreal theatre.

The season opens **Sunday, Sept. 17**, with "Mutts Gone Nuts," featuring nine of the world's most talented canine entertainers. The hilarious performance includes a delightful cast of rescue dogs that astonish with feats of jumping, flipping, "talking" and tightwire walking. Performances in the Pealer Recital Hall of FSU's Woodward D. Pealer Performing Arts Center will take place at 2 and 6 p.m. This engagement is sponsored by the Upper Potomac Valley Kennel Club and the Frostburg Dog Park. A dollar from each ticket purchase will benefit the Allegany County Animal Shelter.

The dancers of Tango Buenos Aires will share the seductive moves of the Argentine tango in an alluring performance on **Sunday, Sept. 24**, at 7:30 p.m. in the Drama Theatre of FSU's Pealer Center. Featuring a live orchestra, "The Spirit of Argentina" showcases the unbridled passion and emotion that have made the tango a worldwide cultural sensation. This engagement is sponsored by the Peter and Iris Halmos Family Foundation.

The Russian String Orchestra will offer a classical performance of the music of Tchaikovsky, Rossini and Prokofiev on **Saturday**, **Oct. 7**. Under the direction of Misha Rachlevsky, this Moscow-based orchestra is composed of some of Russia's brightest and youngest musicians. The 7:30 p.m. performance will be held in the Pealer Recital Hall.

Additional CES productions are as follows:

- New York theatre company ArtsPower in "From the Mixed-Up Files of Mrs. Basil E. Frankweiler," **Wednesday, Nov. 8**, 4:30 p.m., Pealer Recital Hall
- The Martial Artists and Acrobats of Tianjin from the People's Republic of China, Monday, Nov. 13, 7:30 p.m., Pealer Recital
- "Christmas With the Annie Moses Band," Saturday, Dec. 2, 7:30 p.m., Alice R. Manicur Assembly Hall
- LIVE! at StarScape performance by Joan Soriano, "El Duque de la Bachata" ("the Duke of Bachata"), **Saturday, Feb. 24**, 7:30 p.m., Lane Manicur Hall
- The traditional Irish ensemble Danú in a LIVE! at StarScape performance, Friday, March 2, 7:30 p.m., Lane Manicur Hall
- The theatre artists of Switzerland's Mummenschanz, Tuesday, March 13, 7:30 p.m., Pealer Center's Drama Theatre
- Trinidadian bandleader and jazz trumpeter Etienne Charles in a LIVE! at StarScape performance of "Creole Soul," **Friday, April** 13, 7:30 p.m., Lane Manicur Hall
- Cuban artist Daymé Arocena in a LIVE! at StarScape performance, Sunday, April 29, 2:15 p.m., Lyric Theatre at 20 E. Main St. in Frostburg
- The Moscow Festival Ballet in "Cinderella," **Thursday, May 10**, 7:30 p.m., Pealer Center's Drama Theatre

Tickets, including packages and discounts, are available **beginning Friday, Sept. 1**. Tickets can be ordered online by visiting http://ces.frostburg.edu or by calling 1-866-849-9237 or 301-687-3137. The box office is open Monday through Friday from 10 a.m. to 4 p.m.

CES at FSU to Present Another Season of On the EDGE



The Kelly Bell Band

CES at FSU will once again offer the exciting underground club series, On the EDGE, featuring cutting-edge performers who stretch the boundaries of their art forms. All 2017-18 season shows begin at 8:15 p.m. in the Alice R. Manicur Assembly Hall of FSU's Lane University Center and feature informal table seating, comfortable couch and armchair seating, and food and beverage options.

First up is the Kelly Bell Band, voted the top blues band in Baltimore for 12 years running. The performance on **Thursday**, **Oct. 5**, will reveal the band's characteristic blend of soul, blues, reggae and funk. Originally formed as a backup band for Bo Diddley, the group is in its 12th year of creating music and entertaining fans.

Additional On the EDGE productions will include:

- The Acrobats of Cirque-tacular, Dec. 7
- New York-based actress and playwright Qurrat Ann Kadwani in "They Call Me Q," Feb. 15
- Singer-songwriter Risa Binder, April 12, 2018

On the EDGE tickets are \$18 and are available beginning **Friday, Sept. 1**. Member and group discount rates are also available. Tickets may be ordered online by visiting http://ces.frostburg.edu or by calling 1-866-849-9237 or 301-687-3137. The box office is open Monday through Friday from 10 a.m. to 4 p.m.

Music

Dr. Jay DeWire to Present FSU Faculty Artist Series Concert, 'Some Musical Jokes'



FSU's Department of Music will kick off the fall semester with a performance by pianist *Dr. Jay DeWire* in a Faculty Artist Series concert on **Sunday, Sept. 10**, at 3 p.m. in the Pealer Recital Hall of FSU's Woodward D. Pealer Performing Arts Center. The recital, titled "Some Musical Jokes," is free and open to the public.

Music touches the emotions in so many ways, but can it tickle one's funny bone? In this concert, DeWire will explore the humor in music with works by Ludwig van Beethoven, Frédéric Chopin, Maurice Ravel, Richard Georg Strauss and Sergei Prokofiev.

For info, contact FSU's Department of Music at 301-687-4109.

FSU's MCTA to Host Fall Celtic Music Series



Bua

FSU's Mountain City Traditional Arts will present its first Celtic Music Series this fall, starting **Sunday, Sept. 10**, at 4:30 p.m. with the powerful ensemble Bua. All three events in the series will take place at 25 E. Main St. in Frostburg. The live entertainment is free and open to the public with a suggested donation of \$15.

Bua stands out among modern bands in the genre. An established group based in Chicago, Bua evokes the good times that are the core of Irish traditional music – precise, intense and straightforward. In their 2011 release, "Down the Green Fields," the musicians explore the forgotten sounds from the heyday of Irish music in the City of Big Shoulders with a blend of enchantingly stark song arrangements and bold, pulsing dance tunes.

The other programs in the series will be folk singer Aoife Scott on **Sunday, Sept. 24**, at 3 p.m. and the trio Barrule on **Thursday, Oct. 19**, at 7:30 p.m.

For info, email MCTA at mountaincitytradarts@gmail.com or call 301-687-8040.

Readings

CLA Kicks Off Fall Reading Series With Author Charley Henley

FSU's Center for Literary Arts will present author Charley Henley on **Tuesday, Sept. 19**, at 7:30 p.m. in the Lyric Theatre at 20 E. Main St. in Frostburg. This event is free and open to the public.

Born in Maryland, Henley bounced around as a child, living everywhere from a back-to-the-land community in eastern Washington to rural Rankin County, Miss., disparate locales with people that have fueled his stories. He attended the University of Montana, studying philosophy, working in restaurants and wandering in the woods. He did his graduate work at the University of Alabama and Florida State University. His fiction has appeared in "Best New American Voices," "The Greensboro Review" and "Copper Nickel," among other publications. Currently, he lives with his wife and children in the Seattle area. He teaches at the University of Cincinnati. "The Deep Code" is his debut collection of short stories.

Visual Arts

Visual Arts Presents Exhibition by Thomas Kerr



FSU's Department of Visual Arts will present an exhibition by artist Thomas Kerr, including drawings, sketches, lines and satire, opening on **Saturday, Sept. 9**, from 2 to 4 p.m. in the Stephanie Ann Roper Gallery (118) of the Fine Arts building. The last day of the exhibition will be **Tuesday, Oct. 10**. This event is free and open to the public.

Kerr is a professional illustrator who has worked in the New York area for 30 years. He is a graduate of the Alberta College of Art and Design and earned a master's in visual journalism from the School of Visual Arts. Kerr has been published widely in the United States, and his editorial illustrations have been featured in The New York Times, Boston Globe, The Wall Street Journal, The Chicago Tribune, Newsday, The Village Voice, The LA Times and The San Francisco Chronicle. His work is syndicated by Now What Media via the INX group. Kerr is a tenured professor at St. John's University, where he teaches illustration and contributes to The Wave, Rockaway Beach's local newspaper.

The gallery is open Sunday through Wednesday from noon to 4 p.m.

For info, contact Dustin Davis at ddavis@frostburg.edu.

Presentations

Academic Enrichment Series

Keith Davidson, an academic counselor in the Center for Academic Advising and Retention, will present "Designing Your Academic Strategy Plan" on **Friday, Sept. 1**, from 1 to 1:50 p.m. in Gira Center 127B. Want more information and hands-on experience designing an Academic Strategy Plan in PAWS? Come learn how to easily create a plan that will help you focus and achieve good academic standing. If you want an extra tool to help you calculate potential grades and improve your GPA, then this is for you. If you are on academic warning or probation, an Academic Strategy Plan is required.

For info, contact CAAR at 301-687-3404.

Points of Pride

Keller Given President's Distinguished Faculty Award



President Ronald Nowaczyk presents the President's Distinguished Faculty Award to Dr. Karen Keller.

Dr. Karen Keller, an associate professor in FSU's Department of Biology, has been selected as the sixth recipient of the President's Distinguished Faculty Award. She received the award during FSU's 150th commencement ceremony.

The award recognizes a faculty member who has provided exceptional service to the University and has advanced its mission, goals and strategic planning initiatives.

Keller chairs the Undergraduate Research Working Group, which organizes the yearly Undergraduate Research Symposium. This year's event provided more than 200 students, mentored by more than 60 faculty, the opportunity to present the results of their research to their peers. She herself typically mentors five or more students in their research each semester.

Keller is one of three co-chairs of FSU's yearlong Strategic Planning Task Force, and she is a highly rated instructor and advisor. She helped develop the new Health Science major, which graduated its first students with the spring semester, and she guides students seeking to go onto professional schools in the health professions.

Keller earned her bachelor's and master's degrees in biology from FSU, and a doctorate in physiology from the University of Georgia.

The President's Distinguished Faculty Award is supported by the FSU Foundation. For info, visit www.frostburg.edu/foundation/ways-to-qive or call 301-687-4161.

Dr. Kelly Rock Honored With 'Nurse Practitioner of the Year Award' by AHEC West



Nurse Practitioners of the Year were Kelly Rock, left, and Janell Sioma. Cynthia Shriver, center, presented the award.

Dr. Kelly Rock, an assistant professor in the Department of Nursing received a "Nurse Practitioner of the Year Award" from Area Health Education Center West at its annual dinner and awards ceremony held in June at Rocky Gap.

AHEC West honors regional health professionals who go above and beyond to serve the residents of Western Maryland and the surrounding counties. The event featured 11 awards recognizing nurses, nurse practitioners, social workers, dietitians, psychologists and other outstanding health professionals.

FSU's Online Master's in Computer Science Ranked Among Top in U.S.

SR Education Group Lists FSU's Online Master's in Computer Science Among Most Affordable in the Country



SR Education Group, an education publisher, recently ranked FSU's online master's in computer science among the top 23 most affordable online computer science master's degrees in the nation for 2017.

The methodology for the rankings for its 2017 Most Affordable Online Master's Degrees considered online degree offerings and annual tuition rates. To develop the lists, the company researched accredited colleges offering online degrees across 29 programs. Schools were required to offer at least one fully online degree at the master's level within the subject of the ranking.

For info, visit http://onlineu.org/most-affordable-colleges/computer-science-masters-degrees.

BestComputerScienceDegrees.com Lists FSU's Online Master's in Computer Science Among Best in the Country



BestComputerScienceDegrees.com, an online resource for individuals interested in computer science degrees, recently ranked FSU's online Master's in Applied Computer Science fifth among the top 30 best online master's in computer science degree programs for 2017.

For its ranking, BestComputerScienceDegrees.com reviewed more than 70 accredited colleges and universities that offered online master's in computer science or related degree programs like computer engineering or network technology. The original pool of schools was listed by the National Center for Education Statistics (NCES College Navigator). BestComputerScienceDegrees.com looked at university or program rankings with

major publications like Forbes magazine or U.S. News and World Report and selected institutions that had received regional, national or program rankings. The company then listed the schools in order of affordability.

For info, visit www.bestcomputersciencedegrees.com/top/online-masters-computer-science.

FSU's Exercise and Sport Science Program Receives Initial Accreditation



FSU's Exercise and Sport Science program has been granted initial accreditation by the Commission on Accreditation of Allied Health Education Programs (CAAHEP) on the recommendation of the Committee on Accreditation for the Exercise Sciences.

"Attaining CAAHEP accreditation is the ultimate measure of quality in the Exercise and Sport Science program," said Dr. Boyce Williams, interim dean of the College of Education. "It is a professional seal of approval because it assures the public across the board – parents, business leaders and policy makers – that candidates coming from Frostburg State University have been prepared in exercise and sport science using rigorous national standards."

Initial accreditation recognizes the program's compliance with nationally established accreditation standards in the field.

Graduates of FSU's program are prepared for graduate programs in health-related fields like human performance, kinesiology, physical therapy, occupational therapy and exercise physiology through a science-based curriculum. Yet exercise and sport science majors also gain the skills and credentials needed to work immediately after graduation.

Students will take one of two national exams, both of which require a bachelor's degree. Some seek to become a Certified Strength & Conditioning Specialist through the National Strength and Conditioning Association. Others attempt to become a Certified Exercise Physiologist through the American College of Sports Medicine.

Both credentials qualify graduates for careers in the growing health and fitness industry, such as health fitness specialist, wellness coach, strength and conditioning coach, personal trainer or owner-operator of a training facility. Like athletic trainers, such careers focus on improving health and athletic performance, but exercise and sport science clientele have different needs.

Students take courses in biology, physiology, biomechanics, health and fitness, business and more. They develop knowledge, skills and hands-on experience through FSU's array of modern sporting and exercise facilities.

The program also requires fieldwork and internship experiences in professional workplaces. Students spend one semester observing in health and fitness organizations. A senior-year internship experience takes students deeper, requiring them to deliver health and fitness concepts directly to actual clients or patients.

Initial CAAHEP accreditation remains valid through July 31, 2022.

For info about Exercise and Sport Science at FSU, visit www.frostburg.edu/academics/majorminors/bachelor/bachelor-in-exercise-and-sports-science.php or email fsuadmissions@frostburg.edu/academics/majorminors/bachelor-in-exercise-and-sports-science.php or email fsuadmissions/bachelor-in-exercise-and-sports-science.php or email fsuadmissions/bachelor-in-exercise-and-sports-science.php or email fsuadmissions/bachelor-in-exercise-and-sports-science.php or email fsuadmissions/bachelor-in-exercise-and-sports-science.php or exercise-and-sports-science.php or exercise-and-sports-science.php or exercise-and-sports-science.php or exercise-and-sports-science.php or exercise-and-sports-science.php or exerci

For information about CAAHEP (Commission on Accreditation of Allied Health Education Programs, 25400 US Hwy 19 N, Suite 158, Clearwater, FL 33763, phone 727-210-2350), visit www.caahep.org.

FSU to Offer New Graduate Nurse Practitioner Programs

Healthcare professionals and undergraduate students can start applying for two new nursing programs at FSU in the fall.

FSU received approval from the University System of Maryland (USM) and Maryland Higher Education Commission (MHEC) to offer a Master of Science in Nursing (MSN) program with two concentrations, Family Nurse Practitioner (FNP) and Psychiatric and Mental Health Nurse Practitioner (PMHNP).

FSU is the only USM institution to offer these MSN programs as blended options at the master's degree level, where courses will be taught partly in-person and partly online. The MSN Psychiatric and Mental Health Nurse Practitioner concentration is the only master's level program of its kind at USM institutions.

The MSN programs are scheduled to begin in fall 2018, but students may begin applying in the fall.

The Family Nurse Practitioner graduate will be prepared to sit for a national certification examination to be licensed as an FNP, and educationally and experientially prepared to be a primary care provider. The FNP program helps fill the primary care provider shortage, especially in rural, underserved areas where it's challenging to recruit primary care physicians.

The Psychiatric and Mental Health Nurse Practitioner will also be prepared to sit for a national certification examination to be licensed to be a psychiatric care provider. PMHNPs are the only other group of health care providers besides psychiatrists who can be credentialed and certified in psychiatry.

The PMHNP program will help provide a pipeline of health care professionals who can treat addictions, helping to do their part in the fight against the nation's opioid epidemic, which has hit parts of rural Appalachia particularly hard.

The blended program allows the working professional to complete much of the program online, with about 5 percent of the program spent on campus. The MSN nurse practitioner programs will be offered for full-time and part-time students and are ideal for students living in rural southwestern Pennsylvania, the Potomac Highlands of West Virginia and Western Maryland.

FSU was also awarded several grants for the implementation and planning of its new nursing programs. The Maryland Department of Health's Health Services Cost Review Commission awarded FSU a five-year, \$3.8 million grant for the implementation of the Nurse Practitioner Program and a two-year, \$212,257 grant for the planning of a proposed Doctor of Nursing Practice (DNP) program.

The proposed DNP program, which must still seek approval from USM and MHEC, is being designed to serve nursing professionals who want to continue academic research and to meet anticipated industry demand for entry-level nurse practitioners to hold a doctoral degree.

FSU Student Laura Price Wins Poster Presentation Award



Laura Price is shown accepting her award from the judges.

FSU student *Laura Price* recently won the Best Undergraduate Poster Presentation at the Mid-Atlantic Plant Molecular Biology Society meeting. She presented her work on the collaborative research project aimed at identifying the plant gene responsible for a mutation that results in a less colorful variety of "Brassica rapa" (a close relative of

canola). She presented her work in an "elevator-type" five-minute talk to judges who then grilled her with questions. Price will continue her work this semester to make the final identification.

Take Note

Honors Program Welcomes New Members

The Honors Program at FSU welcomes new members *Jenna Puffinburger*, *Sarah Sandifer* and *Alexa Sowers*. These three student assistants will be available to answer questions and receive comments about the program.

Puffinburger is a sophomore majoring in business administration, Sandifer is a sophomore theatre major and Sowers is a freshman majoring in athletic training. *Dr. Gregory Wood* is the director of the University Honors Program.

The program office is located in Fuller House on Braddock Road. Stop by anytime from 8 a.m. to 4:30 p.m. and meet these student assistants!

News From the Office of Gender Equity



Amnesty Policy for Alcohol and Drug Possession and Consumption

Sometimes we may be reluctant to seek help if a friend experiences sexual and/or relationship violence for fear of getting into trouble for using alcohol or other drugs at or near the time of the assault. To encourage reporting, a student who reports such misconduct will not face disciplinary action from the University for his or her alcohol or other drug use. For info, visit www.frostburg.edu/amnesty.

Required Employee Training – Intersections

In support of FSU's commitment to maintain a positive, productive work environment that is free from any form of harassment and to provide all employees with the knowledge and skills needed to fulfill their responsibilities, FSU is implementing a required online training program, Intersections.

Intersections discusses the ways employees can identify harassment, discrimination, retaliation and related misconduct, prevent their recurrence and report such instances to the appropriate department.

All full-time employees and contractual faculty members are asked to complete this training program. The deadline for completion is **Friday, Oct. 13**.

For info, visit $\underline{www.frostburg.edu/titleix/education-and-training/online-education}$.

Reminder from Brady Health Center

If you are new to FSU (and this includes all first-time students whether you are undergraduate, graduate or transfer), you must submit certain required health and immunization information. More information can be found at https://www.frostburg.edu/brady-health/student-info/index.php. If the center does not have your immunization record with documentation of two doses of the MMR vaccine and a tetanus within 10 years, as well as a completed Tuberculosis Risk Assessment form, a hold will be placed on your account this fall.

Take Over the @FrostburgState Snapchat Account!



Do you know a current FSU student who would be interested in sharing his or her FSU experience with the @FrostburgState Snapchat? Hey, maybe that's you! Show us how you're all about that Bobcat life. Visit http://bit.ly/FSUSnap and we'll evaluate your Snapchat Takeover idea and contact you to set up a meeting with our team to discuss being featured as one of our "Takeover Tuesday" students. For info, email socialmedia@frostburg.edu. Other requests for event takeovers will also be considered.

Fall Library Hours

The library will maintain the following hours for the fall semester:

- Monday, Aug. 28, through Thursday, Aug. 31 7:30 a.m. to midnight
- **Friday, Sept. 1** 7:30 a.m. to 6 p.m.
- Saturday, Sept. 2 Closed

- Sunday, Sept. 3 Closed
- Monday, Sept. 4, Labor Day 1 to 10 p.m.

Regular semester hours will resume on **Tuesday**, **Sept. 5**, and are listed below.

- Monday through Thursday 7:30 a.m. to midnight
- Friday 7:30 a.m. to 6 p.m.
- **Saturday** 11 a.m. to 6 p.m.
- Sunday 1 p.m. to Midnight

The library offers 24/7 AskUsNow chat reference service as well as email reference via libref@frostburg.edu. The Circulation Desk can be reached during open hours at 301-687-4395, and the Reference Desk can be reached at 301-687-4424.

FSU-TV3

Did You Know FSU Has Its Own Cable Channel?



FSU-TV3 is available on Comcast's channel 3 in Frostburg, Mount Savage and Lonaconing! The channel offers a variety of programming. Tune in to see what's on!

FROSTBURG STATE UNIVERSITY Check out program information at http://www.frostburg.edu/fsu-tv3/programming.

Follow FSU-TV3 at https://www.facebook.com/FSUTV3, https://twitter.com/fsutv3 and https://instagram.com/fsutv3.

Message Board

FSU-TV3 cablecasts an automated educational and community message channel when not showing programming. The channel provides info about FSU events, nonprofit organizations and community events.

To advertise an activity, log on to www.frostburg.edu/fsu-tv3/message-request-form, enter the information and click submit. A graphic or pre-made message can also be loaded. Be sure to submit requests at least two weeks in advance.

For info, call 301-687-3011 or email fsu-tv3@frostburg.edu.

Activities for Life

For info and registration, contact Amy Nazelrod, AFL coordinator, at 301-687-7934 or anazelrod@frostburg.edu.

Water Aerobics

Two sessions of water aerobics will be offered **Tuesdays and Thursdays** from 6:40 to 7:30 p.m. in the Cordts PE Center swimming pool. Session one will be held **from Sept. 5 through Oct. 19**, with session two following **from Oct. 24 through Dec. 14** (with no class **Nov. 21 and 23**). Participants may register for the Tuesday or Thursday class or both nights.

This class is geared toward those who want to increase cardiovascular fitness, flexibility and body strength. It is the perfect activity for those with painful joints or other movement limitations. Water aerobics creates good muscle balance, making the muscles limber and strong. The instructor for this class is Bobbie Cameron.

'Move It and Lose It' Dance Classes

"Move It and Lose It" classes for ages 16 and older will be offered **Wednesdays**, **Sept. 13 through Oct. 18**, from 5:15 to 6 p.m. in the Dance Studio (room 106) of the Cordts PE Center.

"Move It and Lose It" allows participants to exercise, lose weight and still have fun by dancing to popular music. Basic dance movements will be taught and the students will follow along with the teacher to popular upbeat music for a fun way to get in shape. Participants are urged to wear comfortable clothing that allows for easy movement. Bare feet, socks and non-street shoes are all acceptable. Nicole Frost will be the instructor.

The registration and payment deadline is Monday, Sept. 11.

Beginner's and Basic Tumbling Classes

Two sessions of a beginner's tumbling class for children ages 3 and 4 and a basic tumbling class for children ages 5 to 8 years will be offered. Session 1 will take place on **Thursdays**, **Sept. 14 through Oct. 12**, and session 2 **from Oct. 19 to Nov. 16** in room 106 of the Cordts PE Center. The beginner's class will be held from 5 to 5:50 p.m. and the basic class will be from 6 to 6:50 p.m.

The beginner's class will focus on skills like stretching, forward and backward rolls, cartwheels and handstands.

The basic class will introduce handstands, backbend kick-overs, front walkovers and round-offs and will even start to work on back handsprings. New skills will be incorporated with games and activities.

The payment deadline is the **Monday** before the start of each class. Registration is capped at 15 children per class.

Student Life

Where Are You Living on Campus at FSU?

Edgewood Commons Contracting for Fall 2017

Edgewood Commons is accepting applications for the fall semester. Contact Edgewood directly for contracting questions. All the information about Edgewood Commons is available at www.edgewoodFSU.com.

Apartments come fully furnished and have private bedrooms and semi-private bathrooms. Utilities (gas, electricity, water, Internet and cable) are included in the contract fee.

To set up a tour or find out more about Edgewood Commons, call 301-689-1370.

Study Abroad

Where in the World Would You Like to Study Abroad?



FSU student Shantia Hamler in France

The Center for International Education offers a variety of study abroad opportunities to FSU students. In some cases, students can pay FSU tuition, room and board and study for a semester or a year in Ireland, England, Spain, France, China, Italy, Australia, Peru, South Africa or in many other countries. FSU also offers summer study abroad programs. Financial aid, student loans and scholarships are available. For info, arrange to attend a Study Abroad Information Session by calling 301-687-4747 or emailing Sarah Heilig at seheilig@frostburg.edu. Also, check out the CIE webpage at www.frostburg.edu/admin/cie/stdyabrd.htm and the Facebook Page at www.facebook.com/FSUStudyAbroad.

Community

Mountainside Baroque Presents 'Festive Baroque: The Power of Music'



Mountainside Baroque Co-directors Ryan Mullaney (left) and Lyle Nordstrom

Mountainside Baroque, Western Maryland's early music collective, announces its seventh concert season, "Festive Baroque: The Power of Music." This new season will again offer a variety of musical treasures, brought to the region by renowned national and international specialists in music of the Baroque, Classic and Renaissance eras.

The 2017-18 season will open with "Totally Telemann" on **Sunday, Sept. 17**, at 4 p.m. at the Shrine of St. Peter and Paul in Cumberland, marking the 250th anniversary of Georg Philipp Telemann's death. Telemann was the most revered and famous composer of the first half of the 18th century. This concert will feature Kathy Stewart and Sarah Lynn, two prominent Baroque flute performers. Telemann's "German Magnificat," performed with the Scholars of St. Cecelia and soloists, will also be featured.

Tickets are available at the door, or in advance by visiting the Mountainside Baroque website or the Book Center in downtown Cumberland. For info, visit www.mountainsidebaroque.org or call 301-338-2940.

FSU Events Calendar

For info on FSU events, go to http://events.frostburg.edu/calendar.

Questions? Call 301-687-4411. All information is subject to change.

Note: FSU is committed to making all of its programs, services and activities accessible to persons with disabilities. To request accommodations through the ADA Compliance Office, call 301-687-4102 or use a Voice Relay Operator at 1-800-735-2258.

Safety Tips for College Students



Keep Doors Locked

Learn the Campus

Avoid Being Distracted

Be Social Media Savvy

FROSTBURG STATE UNIVERSITY MISSION STATEMENT

Frostburg State University is a student-centered teaching and learning institution featuring experiential opportunities. The University offers students a distinctive and distinguished baccalaureate education along with a select set of applied master's and doctoral programs. Frostburg serves regional and statewide economic and workforce development; promotes cultural enrichment, civic responsibility and sustainability; and prepares future leaders to meet the challenges of a complex and changing global society.

INSTITUTIONAL PRIORITIES

- 1. Enhance experiential and applied learning opportunities for students both inside and outside the classroom.
- 2. Improve facilities so that students live and learn in a modern and technologically sophisticated environment.
- 3. Increase student quality and improve student persistence to graduation.

Learn more at $\underline{www.frostburg.edu/admin/opa/splanning}.$