

For and about FSU people
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## **Celebrate Region's Unique Culture and Resilience With Appalachian Festival**



FSU's much-anticipated Appalachian Festival will return for its 12th year **from Thursday, Sept. 14, to Saturday, Sept. 16**. The free, family-friendly event brings together artists and craftspeople to celebrate all that makes the region unique – its history, culture, music, food and more – with performances, workshops, displays, discussions and activities.

The capstone of the festival is the concert, "An Evening of Appalachian Music – Old-Time, Blues and Bluegrass," on Saturday at 7:30 p.m. at the Palace Theatre at 31 E. Main St. in Frostburg. Three masterful ensembles will be featured, including Back Porch Blues, an all-star, down-home acoustic trio consisting of the incredible guitar and vocal work of Eleanor Ellis, the blues harmonica virtuosity of Jay Summerour and the percussion talents of Eric Selby; the Critton Hollow String Band, who with fiddle, hammer dulcimer, banjo and guitar, tend a stable of songs from the first settlements of Appalachia to the best of contemporary American folk music; and The Church Sisters, a duo whose mesmerizing music chronicles their childhood with a haunting sound and bluegrass twist. Tickets are \$20 for adults and \$5 for FSU students and youth 18 and under. Tickets can be purchased at the door.

This year's festival focuses on "Sustaining Community and Community Wealth Building," featuring stories of community-based economies and socially responsible benefit corporations.

Exploration of the topic will begin Thursday with the film "Look and See: A Portrait of Wendell Berry" at 7 p.m., also at the Palace Theatre. "Look and See" is a cinematic portrait of the changing landscapes and shifting values of rural America in the era of industrial agriculture, as seen through the mind's eye of writer, farmer and activist Wendell Berry. Afterwards, there will be a discussion of the film by organic farmer Anthony Flaccavento.

The theme of community wealth building continues Friday on FSU's Upper Quad with the Appalachian Symposium, beginning at 8:30 a.m. with a presentation by Flaccavento, author of "Building a Healthy Economy From the Bottom Up," who will introduce the audience to the innovators who are creating thriving, locally based economies and provide a road map for others who are interested in doing the same. Following his talk, at 10 a.m., Katie Parker, a research associate at The Democracy Collaborative, will present "Community Wealth Building: Strategies That Invest in People and Place." Her work focuses on how hospitals and health systems can leverage their business practices to support inclusive economic development. At 11 a.m., Mike Battle, senior vice president and chief operating officer for EA Engineering, Science and Technology, Inc., PBC, will present "Embracing Conscious Capitalism," focusing on EA's journey to becoming a public benefit corporation and its alignment with the company's environmental mission, employees' interest in supporting their communities and EA's commitment to corporate social responsibility. Friday's events will also feature roundtable discussions with community leaders and conclude with a tour of what was once Brownsville, the home of Frostburg's African-American community that is now part of the FSU campus.

On Saturday, the Session/Jam Tent returns again this year. Musicians of all levels can gather on the Upper Quad throughout the day and play their instruments to the tune of Appalachian genres, including bluegrass, mountain music mix, Celtic and old-time.

Also on Saturday, two stages will host a variety of musical groups from across the region. Blue Hill Bluegrass, Dearest Home, Highland Grass, Brush Creek Bluegrass, the Davis & Elkins College Appalachian Ensemble, Black Diamond Bluegrass, New Creek Station, Old Pitch, and the Barnstormers and RockCandy Cloggers will perform on the Compton stage. On the Thomas Subaru stage, the Rev. Frankie; Time Travelers; Rachel Eddy and Ken Kolodner; Cory and Heather Wharton; Sparky and Rhonda Rucker; Loretta Hummel and Paul Dix; Amy Lough Fabbri; Dakota Karper, Pete Hobbie and Steve Ritz; Jay Smar; Cathy Fink and Marcy Marxer; and Carrie and Michael Kline will appear. In addition, the Garrett Highlands Pipes and Drums and Frostburg Arion Band will perform on the grounds.

Chapel Happenings will include a Community Singalong focusing on songs of hope, peace and healing at 11:30 a.m. in Cook Chapel. Those interested in stories and music can check out Storytelling in the chapel from 12:30 to 3:15 p.m. Accomplished storytellers Adam Booth, Thomas Burnett, Katie and Otto Ross, Stas' Ziolkowski, Jo Ann Dadisman and Ray Owen will enchant the audience with stories and lore inspired by their Appalachian upbringings. Then at 4:15 p.m., join capstone performers The Church Sisters for an interactive harmony-singing workshop.

Throughout the day, attendees can visit the Explorations Tent. Featured are Preservation Maryland, dedicated to preserving Maryland's historic buildings, neighborhoods, landscapes and archaeological sites; Scales to Tales, an educational program using non-releasable birds of prey and reptiles; a discussion of refugee resettlement in Appalachia; Adventure Capital, an economic initiative launched through the nonprofit advocacy group Engage Mountain Maryland; the Allegany County Women's Action Coalition, which works to help local communities thrive; and Stop the Potomac Pipeline, dedicated to stopping fracked gas from being shipped from Pennsylvania to West Virginia.

In the Folkways Tent, festivalgoers can learn how to play the dulcimer or join a dance workshop, as well as learn about smaller-scale local food production and the ballad traditions of the area.

In addition to plenty of food and entertainment for all ages, the festival will provide activities and programming specifically for children, who can enjoy an interactive performance by Grammy Award winners Cathy Fink and Marcy Marxer; join in singalongs with multi-instrumentalist Ray Owen; join the Sunnyland Band and play along on spoons, jugs, washboards and all kinds of instruments from other countries; paint goat-shaped silhouettes at the Capering Kids 4-H Goat Club display; and make traditional Appalachian toys at Hands-on Arts.

A variety of artisans are also featured throughout the festival, offering tatting, mountain dulcimers, pottery, jewelry, knitting, baskets, portrait art, nature photography, decorative gourds, fiber arts, multicultural arts, sassafras root beer, woodworking, pewter and botanical drawings. Also on the grounds are the Heishman HoneyB Hut, the Nettle Patch, the Western Maryland Chapter of the Archeological Society, Engage Mountain Maryland, Appalachian Mountain Books, Wynter's Haven, the Frostburg Museum Association, Yellow K Records, the Allegany County Women's Action Coalition, the Allegany and Garrett County Bird Club and the Appalachian Laboratory.

For info, visit <a href="www.frostburg.edu/events/afestival">www.frostburg.edu/events/afestival</a> or email Dr. Kara Rogers Thomas at <a href="mailto:krogersthomas@frostburg.edu">krogersthomas@frostburg.edu</a>.

# **Appalachian Festival Symposium to Highlight Community Wealth Building**



Author Anthony Flaccavento

A discussion of building a healthy local economy will lead off FSU's symposium on "Sustaining Community and Community Wealth Building" on **Friday**, **Sept. 15**, as part of the annual Appalachian Festival. The symposium will provide the community with an opportunity to engage in productive and positive discussions about the region's obstacles as well as its opportunities.

The event will begin at 8:30 a.m. on FSU's Upper Quad with a presentation by Anthony Flaccavento, author of "Building a Healthy Economy From the Bottom Up." Flaccavento is a nationally recognized sustainability thought leader who will introduce the audience to the innovators who are creating thriving, locally based economies and provide a road map for others interested in doing the same. He will demonstrate that, despite the success of local initiatives like farmers' markets and clean energy cooperatives, true and lasting change

of this type stalls without appropriate discussion and implementation of public policies that define their lasting impact. He will show how active citizens can spur essential changes, generate community capital, increase civic dialogue and foster sustainability efforts.

Following his talk, at 10 a.m., Katie Parker, a research associate at The Democracy Collaborative, will present "Community We alth Building: Strategies That Invest in People and Place." Her work focuses on how hospitals and health systems can leverage their business practices to support inclusive economic development. Parker is the co-author of the "Hospitals Aligned for Healthy Communities" toolkit series and conducts research on promising practices in the field of anchor institution strategies.

At 11 a.m., Mike Battle, senior vice president and chief operating officer for EA Engineering, Science and Technology, Inc., PBC, will present "Embracing Conscious Capitalism," focusing on EA's journey to becoming a public benefit corporation and its alignment with the company's environmental mission, employees' interest in supporting their communities and EA's commitment to corporate social responsibility.

Friday's events will also feature roundtable discussions with community leaders at noon, giving participants the opportunity to apply relevant case studies to regionally based economic development scenarios. Topics include anchor institutions, adventure capitalism and geo-tourism, local foods initiatives, co-ops and benefit corporations, Maryland State entrepreneurial opportunities and more. At 2 p.m., symposium leaders will offer an overview of the roundtable discussions and work with participants to develop a potential path for moving forward and following up on these ideas.

The symposium will conclude at 3 p.m. with a tour of what was once Brownsville, the home of Frostburg's African-American community, on what is now the upper part of FSU's campus. From 1927 through the 1950s, the state purchased property and homes in Brownsville to expand State Normal School No. 2, FSU's original name.

The symposium leads up to the free festival on Saturday on FSU's Upper Quad from 10 a.m. to 6 p.m. There will be live music, games, food and more.

For info, visit <a href="www.frostburg.edu/events/afestival">www.frostburg.edu/events/afestival</a> or contact Kara Rogers Thomas at 240-522-7635 or <a href="mailto:krogersthomas@frostburg.edu">krogersthomas@frostburg.edu</a>.

#### **Entertainment**

## **CES to Open Season With Canine Performance of 'Mutts Gone Nuts'**



CES at FSU will open its 2017-18 season with two hilarious performances of "Mutts Gone Nuts" on **Sunday, Sept. 17**, at 2 and 6 p.m. in the Pealer Recital Hall of FSU's Woodward D. Pealer Performing Arts Center.

Deemed "a must see" by The Washington Post, "Mutts Gone Nuts" is a comedy show featuring a cast of talented rescue dogs that astonish with feats of jumping, flipping, "talking" and tightwire walking. The delightful show promotes the adoption of rescue animals; one dollar from each ticket purchase will benefit the Allegany County Animal Shelter.

"Mutts Gone Nuts" was created by seasoned comedy duo Scott and Joan Houghton. Together, the pair has brought their unique blend of physical comedy and circus arts to audiences from Las Vegas to Tokyo, including three years with country star Lee Greenwood at his Tennessee theatre, and seven years as the featured comedy act at Dolly Parton's theaters in Branson, Mo., Orlando, Fla., and Myrtle Beach, S.C. This program marks a homecoming of sorts for *Joan Houghton*, who graduated from Frostburg in 1983.

Tickets are \$18 for adults and \$12 for youth under 17. Member and group discount rates are also available. For info, contact the CES box office at 301-687-3137 or visit CES' webpage at ces.frostburg.edu.

#### Music

# Dr. Jay DeWire to Present FSU Faculty Artist Series Concert, 'Some Musical Jokes'



FSU's Department of Music will kick off the fall semester with a performance by pianist *Dr. Jay DeWire* in a Faculty Artist Series concert on **Sunday**, **Sept. 10**, at 3 p.m. in Pealer Recital Hall. The recital, titled "Some Musical Jokes," is free and open to the public.

Music touches the emotions in so many ways, but can it tickle one's funny bone? In this concert, DeWire will explore the humor in music with works by Ludwig van Beethoven, Frédéric Chopin, Maurice Ravel, Richard Georg Strauss and Sergei Prokofiev.

For info, contact FSU's Department of Music at 301-687-4109.

#### FSU's MCTA to Host Fall Celtic Music Series



Bua

FSU's Mountain City Traditional Arts will present its first Celtic Music Series this fall, starting **Sunday, Sept. 10**, at 4:30 p.m. with the powerful ensemble Bua. All three events in the series will take place at 25 E. Main St. in Frostburg. The live entertainment is free and open to the public with a suggested donation of \$15.

Bua stands out among modern bands in the genre. An established group based in Chicago, Bua evokes the good times that are the core of Irish traditional music – precise, intense and straightforward. In their 2011 release, "Down the Green Fields," the musicians explore the forgotten sounds from the heyday of Irish music in the City of Big Shoulders with a blend of enchantingly stark song arrangements and bold, pulsing dance tunes.

The other programs in the series will be folk singer Aoife Scott on **Sunday**, **Sept. 24**, at 3 p.m. and the trio Barrule on **Thursday**, **Oct. 19**, at 7:30 p.m.

For info, email MCTA at mountaincitytradarts@qmail.com or call 301-687-8040.

#### **Dance**

# **CES at FSU Presents Tango Buenos Aires in 'The Spirit of Argentina'**



CES at FSU will host the spectacular dancers and musicians of Tango Buenos Aires in a passionate performance of "The Spirit of Argentina" on **Sunday, Sept. 24**, at 7:30 p.m. in the Drama Theatre of FSU's Woodward D. Pealer Performing Arts Center.

The dancers and musicians of Tango Buenos Aires are celebrated for impeccable technique, dramatic flourish, unbridled passion and authentic interpretations of the Argentine tango. The Washington Post praised their "swirling, fast-paced tapestries of movement, laced with proud postures and sensual couplings."

In "The Spirit of Argentina," the company pays tribute to "The King of Tango," Carlos Gardel, a forerunner in the early 20th-century Argentinian tango scene. Featuring a live orchestra, "The Spirit of Argentina" showcases the unbridled passion and emotion that have made tango a cultural phenomenon.

On **Thursday, Sept. 21**, at 7 p.m., CES will offer a free tango workshop taught by professional ballroom teacher and performer Jennifer Christophel. The workshop will take place in the Lyric Theatre, 20 E. Main St. in Frostburg. Attendance is limited and prior registration is requested. To register, email <a href="mailto:ces@frostburg.edu">ces@frostburg.edu</a> or call 301-687-3137.

Performance tickets are \$29 for adults and \$26.10 for youth under 17. Member and group discount rates are also available. Tickets may be ordered online by visiting <a href="mailto:ces.frostburg.edu">ces.frostburg.edu</a> or calling 1-866-849-9237 or 301-687-3137. The box office is open Monday through Friday from 10 a.m. to 4 p.m.

#### **Visual Arts**

## Visual Arts Presents Exhibition by Thomas Kerr



FSU's Department of Visual Arts will present an exhibition by artist Thomas Kerr, including drawings, sketches, lines and satire, opening on **Saturday, Sept. 9**, from 2 to 4 p.m. in the Stephanie Ann Roper Gallery (118) of the Fine Arts building. The last day of the exhibition will be **Tuesday, Oct. 10**. This event is free and open to the public.

Kerr is a professional illustrator who has worked in the New York area for 30 years. He is a graduate of the Alberta College of Art and Design and earned a master's in visual journalism from the School of Visual Arts. Kerr has been published widely in the United States, and his editorial illustrations have been featured in The New York Times, Boston Globe, The Wall Street Journal, The Chicago Tribune, Newsday, The Village Voice, The LA Times and The San Francisco Chronicle. His work is syndicated by Now What Media via the INX group. Kerr is a tenured professor at St. John's University, where he teaches illustration and contributes to The Wave, Rockaway Beach's local newspaper.

The gallery is open Sunday through Wednesday from noon to 4 p.m.

For info, contact Dustin Davis at <a href="mailto:ddavis@frostburg.edu">ddavis@frostburg.edu</a>.

#### Readings

## **CLA Kicks Off Fall Reading Series With Author Charley Henley**

FSU's Center for Literary Arts will present author Charley Henley on **Tuesday, Sept. 19**, at 7:30 p.m. in the Lyric Theatre at 20 E. Main St. in Frostburg. This event is free and open to the public.

Born in Maryland, Henley bounced around as a child, living everywhere from a back-to-the-land community in eastern Washington to rural Rankin County, Miss., disparate locales with people who have fueled his stories. He attended the University of Montana, studying philosophy, working in restaurants and wandering in the woods. He did his graduate work at the University of Alabama and Florida State University. His fiction has appeared in "Best New American Voices," "The Greensboro Review" and "Copper Nickel," among other publications. Currently, he lives with his wife and children in the Seattle area. He teaches at the University of Cincinnati. "The Deep Code" is his debut collection of short stories.

#### **Presentations**

#### **Academic Enrichment Series**

*Victoria Gearhart*, associate director, Center for International Education, will give a presentation on Study Abroad on **Wednesday, Sept. 6**, from noon to 1 p.m. (bring your lunch!) and **Thursday, Sept. 7**, from 2 to 3 p.m. Both presentations will take place in Lane 113.

Imagine walking the Giant's Causeway in Northern Ireland or camping out in the jungles of Ecuador. Study Abroad is a great opportunity to learn about the world, experience other cultures, earn course credits, enhance your job prospects, make new friends and even learn about yourself. Join the group to learn more about this great opportunity!

For info, contact the Center for Academic Advising and Retention at 301-687-3404.

#### Take Note

# Frostburg and FSU Ready to Take to the Streets for Block Party

Fun on Frostburg's Main Street returns with the annual Block Party on **Wednesday**, **Sept. 6**, from 6 to 10 p.m., filled with music, entertainment, food, games and more. The rain date is **Thursday**, **Sept. 7**.

The event is sponsored by FSU Student Activities and the City of Frostburg Parks and Recreation Department as a way to bring together the campus and city communities and familiarize FSU's students with the businesses and organizations in Frostburg.

Activities include the Football Team Taco Challenge at 7:30 p.m., sponsored by A Place to Eat, which will feature an FSU Bobcat, an Allegany Camper, a Fort Hill Sentinel and a Mountain Ridge Miner competing to see who can eat the most tacos. Then at 8 p.m. will be the Ninth Annual Hot Pepper-Eating Contest. Music Express will provide music on Broadway. As usual, numerous local restaurants, food trucks, businesses and organizations will have stations up and down Main Street.

FSU SafeRide will offer FSU students a free shuttle to and from the Block Party from 5:45 to 10:30 p.m., leaving from two campus locations, Annapolis Hall and Brady Health.

For info, contact Brian Vought at <a href="mailto:bvought@frostburgcity.org">bvought@frostburgcity.org</a> or 301-689-6000, ext. 18.

# A Taste of the City Invites FSU Students to Discover the 'Burg



Where do FSU students shop downtown? Where can a freshman dine out on a budget?

FSU students are invited to discover the answers for themselves at the downtown treasure hunt, Frostburg 101: A Taste of the City, where they will get to know downtown businesses and landmarks. The second annual event is set for noon to 4 p.m., **Saturday, Sept. 9**.

The Student Government Association, FrostburgFirst, FSU Foundation and FSU SafeRide have partnered with downtown businesses for students to win prizes by familiarizing themselves with what Frostburg has to offer

There's no failing grade in Frostburg 101; however, you will want to be head of the class. The winning student will receive a pair of Snap Spectacles that can be used with Snapchat to share first-person videos and photos of his or her Frostburg adventures!

Here's how to enroll:

Bring your FSU ID to register at the St. Michael Catholic Church courtyard, 44 E. Main St., to obtain your passport.

Visit a combination of 12 restaurants, shops and points of interest to have your passport stamped to qualify for prizes. In the spirit of a true treasure hunt, the stamps will be placed in random locations in the business to encourage students to peruse the stores.

Post your finds on Instagram or Twitter with #Frostburg101 and tag @FrostburgFirst to receive credit for your posts. (Posts must be public to count!)

Don't fret about not having a ride to Main Street. Catch a free SafeRide Shuttle from Annapolis Hall, Edgewood Commons or Brady Health to the St. Michael Catholic Church courtyard from 11:45 a.m. to 4:30 p.m. A trolley service will also be available to move about town and will include a drop-off at registration.

In addition to the grand prize, the second prize will be a choice of a Netflix or Amazon Prime subscription and third, fourth and fifth place will each be awarded a \$10 gift certificate to a Frostburg business.

Show up early, because the first 250 people to register receive a FrostburgFirst drawstring bag.

Businesses are offering additional discounts for students showing their FSU ID and the chance to win additional prizes!

Raffles include a chocolate gift basket at McFarland Candies, one free Intro to Knitting course with materials at Frostburg Fiber Depot, Fall Film Series tickets at the Palace Theatre, a rainbow stained-glass mobile at Spectrum Design Services and a \$25 gift card at Yellow K Records.

Samples include mini-smoked-turkey sandwiches at A Place to Eat; coffee, drinks and food at Clatter Coffee; pulled pork at The Draft Sports Bar & Grille; signature chicken tenders at the Princess Restaurant; and more.

Specials include discounted lattes at Clatter Coffee, 70 percent off select women's clothing at Crestmont LTD, pulled pork slider with mac and cheese for \$4.99 at The Draft, 20 percent off class fees at Frostburg Fiber Depot, 10 percent off art supplies at the General Art Store, \$3 chicken bacon ranch sliders at The Gin Mill, 15 percent off an entire order at Pet Wants Mountain Maryland, \$2.50 milkshakes at the Princess Restaurant and more.

A full list of participating businesses, samples and specials is available at <a href="www.downtownfrostburg.com/frostburg101">www.downtownfrostburg.com/frostburg101</a>. For info, contact FrostburgFirst at <a href="mailto:frostburgfirst@gmail.com">frostburgfirst@gmail.com</a> or 301-689-6900.

# Bernard Wynder Legacy Fund to Receive Proceeds From 'Being Black in Brownsville'

Professor Lynn Bowman has earmarked proceeds from the third edition of "Being Black in Brownsville: Echoes of a Forgotten Frostburg" for the Bernard Wynder Legacy Fund. This fund is dedicated to supporting FSU's Diversity Center's initiatives, including programs and excursions.

Bowman's book weaves together the histories of Frostburg and Brownsville, a community that began in 1866 with Tamar Brown's purchase of land on what is now FSU's Upper Quad. This edition was issued in conjunction with the recent celebration of the state of Maryland's and the city of Frostburg's proclamations of Oct. 11, 2014, as "Brownsville Recognition Day."

If interested in purchasing a copy, contact Dr. Amy Branam Armiento at <a href="mailto:abranam@frostburg.edu">abranam@frostburg.edu</a> or 301-687-4293. The cost is \$15 per copy, and there is a limited supply.

# **Ort Library Offers Variety of Resources**

The Ort Library is reaching out to new transfer students, as well as incoming freshmen, returning students and faculty (old and new)! Visit the information desk staffed with library and student volunteers on **Tuesday, Sept. 5**, and **Wednesday, Sept. 6**, from 10 a.m. to 6 p.m. on the main (3rd) floor of the library. Library staff will be on hand to answer questions about library research tools (OneSearch, CatalogUSMAI, various databases); research assistance from a librarian; equipment (copiers, printers, scanners); facilities (group and individual study rooms, quiet areas); and much more! If you're unable to visit at those times, just drop by the library's circulation, media or reference desks.

Are you an online student wishing to learn more? Call the reference desk at 301-687-4424 to ask about scheduling an online appointment with a reference librarian.

## Fall 2017 Annual Diversity Retreat

FSU students interested in diversity issues have two opportunities to participate in the Annual Diversity Retreat, scheduled from 4 p.m. Friday, Sept. 22, through Sunday, Sept. 24, at 1 p.m., as well as Friday, Oct. 27, through Sunday, Oct. 29. This year's theme is "Building CommUnity Through Self-Awareness," and the retreat will include a diversity workshop and other related activities intended to promote student awareness and empowerment in diversity, equity and inclusion issues, and coalition building.

Participants are challenged to explore their experiences and feelings about their own groups as well as the groups to which others belong. Skill training and action planning are included so that the participants return to campus prepared to become part of the work of creating and maintaining a safe and welcoming environment at FSU. This is an excellent opportunity to spend quality time with students from various identity groups to develop relationships and understandings that reach beyond the surface.

Applications will be available in the Center for Student Diversity, Equity and Inclusion in Hitchins 116, and at the Lane Information Desk. Completed applications must be submitted by **Friday**, **Sept. 8**, for the September retreat and **Friday**, **Oct. 13**, for the October retreat. Participation is limited and there is a selection process based on information provided in the application. Applicants are advised to submit a thoughtful response to the paragraph prompt. Those selected to participate will be required to complete additional forms to confirm the commitment to attend and participate.

This annual event is coordinated by CSDEI. FSU faculty and staff members are encouraged to promote this program to their students and consider making participation an option for class assignments, as appropriate.

For info, contact Robin Wynder at 301-687-4050.

## \$6 Fridays and Faculty/Staff Meal Plans

\$6 Fridays are back at Chesapeake Dining Hall! Come every Friday for lunch or dinner and pay only \$6 with cash, credit or Bob cat!

Faculty and Staff Meal Plans are a great way to save money, and your parking space. There are two parts to each Meal Plan: Meals and Bonus Dollars. Choose the combination that fits your lifestyle.

Meals can be used at Chesapeake, or you can trade one of your meals for a cash credit at Appalachian Station, Moe's or Subway. Bonus Dollars can be used at any dining location on campus, including Starbucks and Outtakes.

You can also receive several free coffees! All Meal Plans roll over to the spring semester; 75 and 100 Blocks roll over to the next academic year.

Plan Options	25 Block	50 Block	75 Block	100 Block
Total Meals per Semester	25	50	75	100
Bonus Dollars Included	\$25	\$25	\$25	\$25
Average No. of Meals per Week	2	3	5	6
Price of Plan	\$199	\$359	\$499	\$649
Free Coffee Included	5	10	15	20
Email Discounts Included	2	4	6	8

For info or to sign up, visit www.dineoncampus.com/frostburg.

# **News From the Office of Gender Equity**



#### **Amnesty Policy for Alcohol and Drug Possession and Consumption**

Sometimes we may be reluctant to seek help if a friend experiences sexual and/or relationship violence for fear of getting into trouble for using alcohol or other drugs at or near the time of the assault. To encourage reporting, a student who reports such misconduct will not face disciplinary action from the University for his or her alcohol or other drug use. For info, visit <a href="www.frostburg.edu/amnesty">www.frostburg.edu/amnesty</a>.

#### Required Employee Training – Intersections

In support of FSU's commitment to maintain a positive, productive work environment that is free from any form of harassment and to provide all employees with the knowledge and skills needed to fulfill their responsibilities, FSU is implementing a required online training program, Intersections.

Intersections discusses the ways employees can identify harassment, discrimination, retaliation and related misconduct, prevent their recurrence and report such instances to the appropriate department.

All full-time employees and contractual faculty members are asked to complete this training program. The deadline for completion is **Friday**, **Oct. 13**.

For info, visit <a href="https://www.frostburg.edu/titleix/education-and-training/online-education">www.frostburg.edu/titleix/education-and-training/online-education</a>.

# **Take Over the @FrostburgState Snapchat Account!**



Do you know a current FSU student who would be interested in sharing his or her FSU experience with the @FrostburgState Snapchat? Hey, maybe that's you! Show us how you're all about that Bobcat life. Visit <a href="http://bit.ly/FSUSnap">http://bit.ly/FSUSnap</a> and we'll evaluate your Snapchat Takeover idea and contact you to set up a meeting with our team to discuss being featured as one of our "Takeover Tuesday" students. Be sure to respond by **Wednesday**, **Sept. 13.** 

For info, email <a href="mailto:socialmedia@frostburg.edu">socialmedia@frostburg.edu</a>. Other requests for event takeovers will also be considered.

# **Read to Succeed Accepting Applications**

Read to Succeed is accepting applications on an open-enrollment basis for the 2017-18 academic year. The program works with K-8 students to enhance reading, math and study skills. Applications can be found at <a href="https://www.frostburg.edu/readtosucceed">www.frostburg.edu/readtosucceed</a>. Read to Succeed is also looking for students to assist with operation of the program.

Read to Succeed is part of the A STAR! in Western Maryland AmeriCorps program at FSU and is funded in part by the Maryland State Governor's Office on Service and Volunteerism and the Corporation for National and Community Service.

For info, contact Josh Mallow, Read to Succeed coordinator, at <a href="mailto:readtosucceed@frostburg.edu">readtosucceed@frostburg.edu</a>.

## **SSA Offers Study Hall**



Hey Bobcats! The Secular Student Alliance at FSU invites you to its Secular Study Hall again this semester. This is a quiet place to study, chat and meet others. Group information and light snacks will be available also. The study hall is held **each Wednesday** from 10 a.m. to 3 p.m. in Gira Center 157. For info, search Frostburg SSA on Facebook, Bobcat Connect and Twitter or email <a href="mailto:frostburg@secularstudents.org">frostburg@secularstudents.org</a>.

## **Upcoming BURG Events**



BURG events for the week are as follows:

- Everyday Struggle: Healthy Relationships, Tuesday, Sept. 5, 5 to 6 p.m., Lane Loft
- General Body Meeting, Thursday, Sept. 7, 6:30 to 8 p.m., Compton 224

For info, contact Jessica Cebula at <u>ilcebula0@frostburg.edu</u>.

# **United Campus Ministry**

# **Help for Hurricane Harvey Victims**

#### "Hygiene Kits" Needed!

Hurricane Harvey made landfall this past weekend, causing widespread damage and dumping more than 40 inches of rain across Texas. Many are asking how they can help. The United Methodist Committee on Relief, a disaster relief organization, is requesting "Hygiene Kits," which are very easy to make. When people are forced to leave their homes because of a human conflict or natural disaster and move into temporary housing, a shelter or refugee camp, UMCOR is there, giving out kits that include needed personal hygiene supplies. Perhaps your department or organization would like to help? UCM will collect these kits on campus until **Friday, Sept 15.** Check your email for information on how to make them or contact Chaplain Cindy Zirlott at 301-687-7490 or c.zirlott@forstburg.edu.

#### **UCM Events – New This Year**

New this year is "A Circle of Prayer Service," a contemplative worship experience, which will be held every **Sunday** from 6:30 to 7:15 p.m. in Cook Chapel (the basement of Frost Hall). This event is open to everyone in the community and will provide unique opportunities with guided meditation each week. This Sunday there will be a blessing of the backpacks and prayers offered for a successful semester.

Cook Chapel is open for personal prayer, meditation and reflection **Mondays through Fridays** from 8 a.m. to 5 p.m. The weekly prayer session with self-guided meditation is designed for reflection time. Each week materials will be provided to quiet the soul and center oneself. Come when you can and stay as long as you want!

#### FSU-TV3

# Did You Know That FSU-TV3 Has Life and Leisure Programming?



Here's a sample of the channel's shows on the subject:

- In "A Culinary Journey," Chef Luca Paris takes viewers inside his kitchen as he shows them different fun and easy recipes. Tune in **Wednesdays, Thursdays and Fridays** at 11 a.m. and at other times, too.
- "Garden Thyme" is a gardening show that features twin sisters who dispense tips with their homespun humor and down-east wit. Tune in **Monday through Thursday** at 11:30 a.m.

"The Garage With Steve Butler" is a series about a furniture maker. Butler will share many ways to make fun and funky
projects. Tune in Monday through Wednesday and Fridays at 1:30 p.m. and at other times.

To find out more about the channel's lineup, log on to <a href="www.frostburg.edu/fsu-tv3/programming/life">www.frostburg.edu/fsu-tv3/programming/life</a>.

Follow FSU-TV3 on Social Media, on Facebook at <a href="https://www.facebook.com/FSUTV3">https://twitter.com/fsutv</a> and Instagram at <a href="https://instagram.com/fsutv3">https://instagram.com/fsutv3</a>.

#### **Student Life**

## Where Are You Living on Campus at FSU?

#### **Edgewood Commons Contracting for Fall 2017**

Edgewood Commons is accepting applications for the fall semester. Contact Edgewood directly for contracting questions. All the information about Edgewood Commons is available at <a href="https://www.edgewoodFSU.com">www.edgewoodFSU.com</a>.

Apartments come fully furnished and have private bedrooms and semi-private bathrooms. Utilities (gas, electricity, water, Internet and cable) are included in the contract fee.

To set up a tour or find out more about Edgewood Commons, call 301-689-1370.

## **Study Abroad**

## The Dominican Republic in Winter 2018



AAST 490/ENGL 490 The Slave Narrative will take place during Intersession 2018. This online class will feature eight days in the Dominican Republic where you will explore the area's rich biodiversity while learning how reforestation and ecotourism efforts have significantly helped replenish the land. As you're immersed in the local culture, you'll work together with nonprofits and community members to build sustainable solutions to the conservation, economic and social challenges they face.

Trip details may be found at <a href="https://www.efcollegestudytours.com/professors-trip/1997507NM">www.efcollegestudytours.com/professors-trip/1997507NM</a>. For info, contact Dr. Amy Branam Armiento at <a href="mailto:abranam@frostburg.edu">abranam@frostburg.edu</a>.

## Where in the World Would You Like to Study Abroad?



Jessica Smith in France (summer 2017)

FSU students have the opportunity to study abroad all over the world. Financial aid can be used for overseas experiences during the fall and spring semesters. There are also exchange programs available that allow students to pay FSU tuition prices.

For info, contact Sarah Heilig at 301-687-4747 or seheilig@frostburg.edu.

## **Community**

# **Renaissance Anyone?**

Garrett County's early music group, the Marsh Mountain Consort, will offer a free concert of Renaissance music on **Sunday, Sept. 10**, at 3 p.m. at St. Paul's United Methodist Church, 318 E. Oak St. in Oakland.

For this event, the Marsh Mountain Consort, a group of local musicians who have played together for several decades, will be joined by musical associates from New York, Baltimore, Latrobe, Pa., and Ann Arbor, Mich., for an exploration of 16th- and 17th-century music. The viol (early guitar) and recorder (wooden flute or sweet flute) will be featured during the concert.

For info, contact Dr. Marthe (Marci) McClive at 301-501-0304 or mmcclive@frostburg.edu.

#### **FSU Events Calendar**

For info on FSU events, go to http://events.frostburg.edu/calendar.

Questions? Call 301-687-4411. All information is subject to change.

Note: FSU is committed to making all of its programs, services and activities accessible to persons with disabilities. To request accommodations through the ADA Compliance Office, call 301-687-4102 or use a Voice Relay Operator at 1-800-735-2258.

#### **Be Safe on the Road.**



#### Carry a cell phone.

Never let fuel level get below ¼ tank.

Always be aware of your surroundings and check your rear view mirror often.

Keep doors locked and windows shut and keep valuables out of sight.

If your car breaks down, open the hood, then stay inside.

Always carry an emergency kit in your vehicle.

#### FROSTBURG STATE UNIVERSITY MISSION STATEMENT

Frostburg State University is a student-centered teaching and learning institution featuring experiential opportunities. The University offers students a distinctive and distinguished baccalaureate education along with a select set of applied master's and doctoral programs. Frostburg serves regional and statewide economic and workforce development; promotes cultural enrichment, civic responsibility and sustainability; and prepares future leaders to meet the challenges of a complex and changing global society.

#### **INSTITUTIONAL PRIORITIES**

- 1. Enhance experiential and applied learning opportunities for students both inside and outside the classroom.
- 2. Improve facilities so that students live and learn in a modern and technologically sophisticated environment.
- 3. Increase student quality and improve student persistence to graduation.

Learn more at www.frostburg.edu/admin/opa/splanning.