

For and about FSU people
A publication of the FSU Division of Communications and Media Relations

Volume 49, Number 1, August 27, 2018

Copy deadline: noon Wednesday, Candis Johnson at statelines@frostburg.edu

## **Welcome to Frostburg State University!**

## Take to the Streets for the FSU Block Party!



The FSU Block Party is set for **Wednesday**, **Sept. 5**, from 6 to 10 p.m. at Main Street and City Place in downtown Frostburg. Come and see what Frostburg has to offer! The evening will be filled with vendors, food, music, contests, a DJ, giveaways and more.

The event is sponsored by FSU Student Activities and the City of Frostburg Parks and Recreation Department as a way to bring together the campus and city communities and familiarize FSU's students with the businesses and organizations in Frostburg.

Those braver souls will once again be invited to challenge their pain receptors with the 10th annual Hot Pepper-Eating Contest to be held at 8 p.m. at the City Place parking lot stage.

For info, contact Brian Vought at <a href="mailto:bvought@frostburgcity.org">bvought@frostburgcity.org</a>.



### **Burg Peer Education Network Events**

**Mocktails on the Lawn, Monday, Aug. 27**, 10 a.m. to 2 p.m., Outside Chesapeake Dining Hall

General Body Meeting, Thursday, Aug. 30, 6:30 to 8 p.m., Pullen 107

President Ronald Nowaczyk

Cordially Invites

The Frostburg State University Community

To The

STATE OF THE UNIVERSITY ADDRESS

Thursday, Sept. 6, 2018

3 p.m.

Pealer Recital Hall

Woodward D. Pealer Performing Arts Center

## **CES at FSU Announces 2018-19 Season**





Coming to CES at FSU this season are, from left, Leann Rimes, Catapult and the Russian National Ballet.

CES at FSU announces an exciting 2018-19 season of professional performing arts events featuring artists from Greece, Ireland, Russia, Japan, Colombia, Argentina, Canada, South Africa and the United States.

The season opens **Saturday, Sept. 15**, with Canadian folk musician Kaia Kater, who will present the Capstone Concert for FSU's annual Appalachian Festival. Kater's old-time banjo-

picking prowess has been praised by traditional folk music lovers and critics. The 7:30 p.m. performance at the Frostburg Palace Theatre, 31 E. Main St., also features beloved folk duo Anna & Elizabeth, who bring traditional songs to life with plaintive vocal harmonies and atmospheric arrangements of guitar, banjo and fiddle.

Limited tickets are still available for multiple Grammy-winning musician LeAnn Rimes' intimate, acoustic performance on **Saturday**, **Sept. 22**, at 7:30 p.m. in the Alice R. Manicur Assembly Hall of FSU's Lane University Center. The youngest recipient of a Grammy Award, Rimes has sold more than 44 million albums and has won two Grammy Awards, three Academy of Country Music Awards and 12 Billboard Music Awards. With her latest album, "Remnants," Rimes transports listeners to new heights with the magnificence of her powerful, soaring voice.

On **Tuesday, Oct. 2**, family audiences will be enchanted with "CATAPULT: The Amazing Magic of Shadow Dance." These "America's Got Talent" finalists use light, music and pure artistry to create captivating silhouettes that tell stories – all without uttering a single word. The 7:30 p.m. performance takes place in the Drama Theatre of FSU's Woodward D. Pealer Performing Arts Center.

The Maryland Symphony Orchestra, led by musical director Elizabeth Schulze, returns to Pealer Recital Hall with a program of luminous concerto, choral and orchestral works from Franz Schubert and Wolfgang Amadeus Mozart. The 2 p.m. performance on **Sunday, Nov.** 11, features guest performances from solo bassoonist Erick Heckscher and the FSU Chorale.

Additional CES productions are as follows:

- Carol of the King, "The Irish Dance Christmas Spectacular," Tuesday, Dec. 11, 7:30 p.m., Pealer Center's Drama Theatre
- LIVE! at StarScape performance by René Marie, "Experiment in Truth," Friday, Feb. 15, 2019, 7:30 p.m., Lane Manicur Hall
- Songs of Ireland, "A Celtic Celebration," Thursday, March 7, 2019, 7:30 p.m., Pealer Recital Hall
- Russian National Ballet, "Giselle," Tuesday, March 12, 2019, 7:30 p.m., Pealer Center's Drama Theatre
- LIVE! at StarScape performance by Banda Magda, Friday, April 5, 2019, 7:30 p.m., Lane Manicur Hall
- LIVE! at StarScape performance by Christian Sands Trio, Thursday, April 25, 2019, 7:30 p.m., Lane Manicur Hall

Season tickets, including packages and discounts, are available beginning **Monday, Aug. 27**. Tickets can be ordered online by visiting <a href="http://ces.frostburg.edu">http://ces.frostburg.edu</a> or by calling 1-866-849-9237 or 301-687-3137. The box office is open Monday through Friday from 10 a.m. to 4 p.m.

## **CES at FSU to Present Another Season of On the EDGE**





Stacey Kay and Six Appeal will appear in CES' On the EDGE.

CES' 2018-19 On the EDGE series at FSU will once again present cutting-edge performers who stretch the boundaries of their art forms. All shows, which will begin at 7:30 p.m. in Lane Manicur Hall, feature informal table seating, comfortable couch and armchair seating, and food and beverage options.

The series will open on **Wednesday**, **Oct. 17**, with an upbeat evening of funky, jazzy music when saxophonist Jeff Coffin of

the legendary Dave Matthews Band and five-time Grammy Award winner Roy "Futureman" Wooten from the celebrated bluegrass and jazz fusion band, Béla Fleck and the Flecktones, take the stage. (Due to unforeseen circumstances, Rashawn Ross will not appear.) The performance will also feature guest appearances from the **FSU Jazz Orchestra and FSU Department of Music faculty**.

Additional On the EDGE productions will include:

- 1st Project, Thursday, Nov. 15
- Stacey Kay, Thursday, Feb. 7, 2019
- Six Appeal, Thursday, April 18, 2019

On the EDGE tickets go on sale **Monday, Aug. 27**. Tickets are \$15 and may be ordered by visiting <u>ces.frostburq.edu</u> or by calling 1-866-849-9237 or 301-687-3137. Member, military and group discount rates are also available. The box office, located in the Lane Center, is open Monday through Friday from 10 a.m. to 4 p.m.

## Music

Unless otherwise noted, performances will take place in Pealer Recital Hall and are free and open to the public. For info, contact FSU's Department of Music at 301-687-4109.

# Dr. Jay DeWire to Present FSU Faculty Artist Series Concert, 'Updates Are Ready'



FSU's Department of Music will kick off the fall semester with a concert, "Updates Are Ready," by pianist *Dr. Jay DeWire* in a Faculty Artist Series performance on **Sunday**, **Sept. 2**, at 3 p.m.

DeWire's program will include "Variations sérieuses, Op. 54" by Felix Mendelssohn, "Le tombeau de Couperin" by Maurice Ravel and "Piano Sonata in B Minor" by Franz Liszt.

Mendelssohn's popular "Variations sérieuses, Op. 54" for solo piano consists of a theme in D minor and 17 variations. The work was completed in 1841 as part of a campaign to raise funds for the erection of a large bronze statue of Ludwig van Beethoven in his hometown of Bonn.

Ravel's "Le Tombeau de Couperin," composed between 1914 and 1917, is a suite for solo piano in six movements based on those of a traditional Baroque suite. Each movement is dedicated to the memory of a friend of the composer (or in one case, two brothers) who had died fighting in World War I.

Liszt's technically difficult "Piano Sonata in B Minor" ("Klaviersonate h-moll") for solo piano was completed in 1853 and published in 1854 with a dedication to Robert Schumann, in return for Schumann's dedication of his "Fantasie in C Major, Op. 17" to Liszt.

## **Jazz Singer Sirintip to Appear in Guest Artist Series Concert**



FSU's Department of Music will present jazz vocalist Sirintip in a Guest Artist Series performance on **Friday**, **Sept. 7**, at 8:30 p.m.

Sirintip's musical journey began in Sweden where she took up the double bass and began to study jazz – a path that would eventually take her from the Royal College of Music in Stockholm to the Manhattan School of Music.

While still going to school, performing and competing in the prestigious Thelonious Monk International Jazz Competition, she began work on her first full-length album, "Tribus."

Stretching across three continents and cultures (Thailand, Sweden and America), Sirintip's remarkable debut album is a gathering of different moments from the last four years of the singer/composer's life. It's an exciting, eclectic work that touches on pop, R&B, electronic and jazz, while creating a sound uniquely its own. "Tribus" embraces a jazz heritage but sounds decidedly modern.

Outside of her own album, Sirintip has recorded with Snarky Puppy's Bill Laurance, performed with Benny Andersson from ABBA at the Guggenheim, opened at the Polar Music Prize to honor jazz great Wayne Shorter, toured with Snarky Puppy, performed for the King of Sweden at the Wallenberg 100th anniversary, honored the king of Thailand at the National Theatre in Bangkok and twice performed and composed musical interpretations of the Nobel Prize nominations at the Nobel Museum in Sweden.

Sirintip works with a quintet, while also using a guitar pedal board to create different vocal effects. It presents another unique arrangement to her music.

# CES at FSU Opens Season With Bluegrass Performer Kaia Kater



Kaia Kater, left, and Anna & Elizabeth will perform at the Appalachian Festival capstone concert.

CES at FSU will launch its 62nd annual season with Afro-Canadian bluegrass phenomenon Kaia Kater on **Saturday, Sept. 15**, at 7:30 p.m. at the historic Palace Theatre at 31 E. Main St. in Frostburg. The performance is offered as the capstone concert for the 13th annual FSU Appalachian Festival.

Included within "Rolling Stone" magazine's list of "10 New Country Artists You Need to Know," Kater plays folk mountain music with a modern-day edge. Her

songs are fueled by her rich, low-tenor vocals, jazz-influenced instrumentation and beautifully understated banjo. Orlando Weekly declared that Kater is "defining roots music for a new generation." Her keen traditional sensibility and lyrical ability distinguish her as an artist on the rise and helped earn her a 2016 Canadian Folk Music Award.

Also performing are folk duo Anna & Elizabeth, who bring traditional songs to life with sparse, atmospheric arrangements of guitar, banjo, fiddle and the uncanny blend of their voices in close harmony. They revive the tradition of "crankies" – illustrated, hand-cranked scrolls that depict songs and stories as they are performed.

Prior to the evening's performance, Kater will present a free workshop, "Hambone and Body Percussion," at 4 p.m. in the Upper Quad during Appalachian Festival daytime activities. Participants will explore different body rhythms native to the southern United States, with a focus on African-American hambone traditions. The workshop is open to all ages and no instruments are required.

Capstone concert tickets are \$18 for adults and \$16.20 for youth under 18. Member, military and group discount rates are also available. For info or to order tickets, visit CES' webpage at <a href="mailto:ces.frostburg.edu">ces.frostburg.edu</a> or contact the CES box office at 1-866-849-9237 or 301-687-3137. The box office, located in the Lane University Center, is open Monday through Friday from 10 a.m. to 4 p.m.

## **Presentations**

# Visual Arts/History Depts. to Host Lecture on Recent Research of the Pyramids by Dr. Yasser Elshayeb



FSU's departments of Visual Arts and Sociology will host a lecture, "Science and Technology to Leverage Culture and Cultural Heritage," by Dr. Yasser Elshayeb, a professor of engineering at Egypt's Cairo University, on **Thursday, Sept. 27**, from 7 to 9 p.m. in Fine Arts 118. This event is free and open to the public.

In this seminar, Elshayeb will explain how information and communication technologies can contribute to a better knowledge of various cultures and how ICT can be used to disseminate and exchange information about cultural heritage sites, as well as draw a potential strategy for the contribution of ICT in cultural heritage. He will also discuss the recent applications of these technologies at the Giza Plateau in Egypt,

where scientists from Egypt, Japan, France and Canada were able to employ cosmic rays to scan the internal structure of the great Pyramid of Cheops (Khufu) and determine the existence of previously unknown voids within the structure. The work was the subject of a recent publication in "Nature."

In addition to his work at Cairo University, Elshayeb is also the national coordinator for the Erasmus+ Programme of the European Union. He is active in the field of cultural heritage management and conservation, risk assessment and project management through the participation and management of several international projects in those fields. Since 2006, Elshayeb has been involved in setting up the Euro-Mediterranean policies and dialogues on higher education, research, innovation and culture as a focal point of many Euro-Mediterranean programs in Egypt. For many years, he was the Egyptian national contact point for European research programs and participated in many projects focusing on setting priorities in the Mediterranean region, the Gulf region and Africa.

For info, contact Dustin Davis at <a href="mailto:ddavis@frostburg.edu">ddavis@frostburg.edu</a> or Dr. Kara Rogers Thomas at <a href="mailto:krogersthomas@frostburg.edu">krogersthomas@frostburg.edu</a>.

## **Points of Pride**

# Bill Mandicott Presented With Inaugural President's Distinguished Staff Award at FSU



Bill Mandicott, left, inaugural recipient of the President's Distinguished Staff Award, with FSU President Ronald Nowaczyk

*Bill Mandicott*, assistant vice president of Student and Community Involvement at FSU, has been selected as the inaugural recipient of the President's Distinguished Staff Award, which was presented during FSU's 152nd Commencement Ceremony.

This award recognizes a staff member who has provided exceptional service to the University and has helped to advance its mission, goals and priorities. FSU has awarded a President's Distinguished Faculty Award for six years, but this year a similar award was created for staff members in recognition of the countless ways

that staff support FSU's excellence.

Mandicott has been a champion of service, social change and involvement for decades, dating back to when he first saw the potential in integrating AmeriCorps with higher education, starting the now 25-year history of A STAR! in Western Maryland. Its reach now stretches from Garrett County to Frederick County, addressing some of the region's greatest needs. Programs like Turbo Vote, Town Hall meetings with the J. Glenn Beall Institute for Public Affairs and the NASPA – Student Affairs Professionals in Higher Education's LEAD Initiative are just the most recent initiatives that connect the institution with the broader community.

Mandicott is also a valued mentor to students, including many leaders in the Student Government Association. He has professionalized the employment experience of students who work for the Lane Center, including many who have gone on to work in the entertainment industry in major markets like New York and Washington.

# **Seddon Given FSU President's Distinguished Faculty Award**

FSU President Ronald Nowaczyk, left, with Dr. William Seddon, this year's recipient of the President's Distinguished Faculty Award

**Dr. William Seddon**, a professor in FSU's Department of Biology, has been selected as the sixth recipient of the President's Distinguished Faculty Award, which was presented during FSU's 152nd Commencement Ceremony.

The award recognizes a faculty member who has provided exceptional service to the University and has advanced its mission, goals and strategic planning initiatives.

Seddon was recognized, in particular, for his passion for community and educational outreach that has brought more than 2,000 regional students – ages 6 to 16 – to the FSU campus for a multitude of STEM enrichment activities.

As STEM Outreach coordinator, Seddon coordinates these visits, which includes enlisting faculty and staff to pitch in for the events. He also participates, often explaining to students how the Compton Science Center's Foucault pendulum demonstrates the rotation of the Earth or operating controls in the Multimedia Learning Center.

He has also taken on the leadership of Compton's Natural History Museum, helping it serve its initial community outreach purpose by making the museum of taxidermy specimens from around the world available during open houses and Science Saturdays. He has worked with students from FSU's College of Education and other areas in developing new and engaging activities for this resource.

# FSU's Online Master's in Nursing Ranked Third Most Affordable and Third Top Online Degree by Great Value Colleges



Great Value Colleges, an online service designed to help college students get the best value for their money, has ranked FSU's online Master of Science in Nursing as one of the most affordable in the country and a top online degree in its recent rankings for 2018. FSU's online program is ranked the third most affordable and the third top online degree.

The rankings were created based on tuition, enrollment and student-to-faculty figures from the National Center for Education Statistics, an information

clearinghouse of the U.S. government. Great Value Colleges also considered national recognition for educational excellence and discounted costs for online students in its rankings.

FSU offers an online Master of Science in Nursing that is a 37-credit-hour program, including coursework in nursing informatics and research and systematic analysis. The program currently offers two tracks, Nursing Administration and Nursing Education. (Two more concentrations, Family Nurse Practitioner and Psychiatric and Mental Health Nurse Practitioner, will begin with the fall 2018 semester.) Prospective students are registered nurses who have earned a bachelor's degree.

The nursing administration track is designed to prepare nurses for management and leadership roles in nursing homes, hospital nursing departments or other clinical settings. Graduates in this track are also qualified to teach with an administrative specialty. The nursing education component was designed to meet an urgent state and national need for nursing school faculty.

The University offers an out-of-state online graduate tuition rate of \$547 per credit hour. The MSN program is accredited by the American Association of Colleges of Nursing. FSU is accredited by the Middle States Commission on Higher Education.

To view Great Value Colleges' rankings of the Top 15 Cheapest Master's Degrees in Nursing Online 2018, visit <a href="https://www.greatvaluecolleges.net/affordable/online-msn">www.greatvaluecolleges.net/affordable/online-msn</a>, and for its Top 30 Great Value Colleges for a Master of Science in Nursing Online 2018, go to <a href="https://www.greatvaluecolleges.net/rankings/online-msn">www.greatvaluecolleges.net/rankings/online-msn</a>.

For info about FSU's Master of Science in Nursing, visit <a href="www.frostburg.edu/academics/majorminors/graduate/Nursing/nursing.php">www.frostburg.edu/academics/majorminors/graduate/Nursing/nursing.php</a> or call 301-687-4141.

## **FSU Breaks Ground on New Residence Hall**



Participating in the residence hall groundbreaking at FSU are, from left, Caitlin Ainge, representative for U.S. Rep. John Delaney; Julianna Albowicz, representative for U.S. Sen. Chris Van Hollen; Frostburg Mayor Robert Flanigan; Courtney Thomas, FSU director of Residence Life; Charles Krimmel, senior associate and project manager for Perkins Eastman; Tom Slater, former Regent, University System of Maryland Board of Regents; SGA President Benjamin Forrest; FSU President Ronald Nowaczyk; Md. State Sen. George Edwards; Jake Ploeger, president of PJ Dick Industrial and director of Corporate Business Development; Md. Del. Jason Buckel; Allegany County Commissioner William Valentine; Md. Del. Wendell Beitzel; Mark Widmyer, representative for Gov. Larry Hogan; and Robin Summerfield, representative for U.S. Sen. Ben Cardin.

FSU officials, local dignitaries and design and construction directors broke ground for FSU's new student residence hall on July 12, at the Lower Quad site of the new building.

The residence hall, the first to be built at FSU in more than 40 years, is scheduled to be completed in 2020. The six-story, 125,000-square-foot hall will feature 431 beds arranged in residential units of two to four beds, with one to two bathrooms per units. The facility will include study spaces, lounges, a shared kitchen and laundry rooms. The estimated cost is \$44 million.

The residence hall project is being accompanied with extensive renovations of the five other halls in the Lower Quad, the newest of which was built in 1976. The first two, Annapolis and Cumberland halls, are currently under renovation.

Speakers included President *Ronald Nowaczyk*, Student Government Association President *Benjamin Forrest*, Md. State Sen. George Edwards, former University System of Maryland Regent Tom Slater and, representing the firms designing and building the project, Jake Ploeger, president of PJ Dick Industrial and director of Corporate Business Development, and Charles Krimmel, senior associate and project manager for Perkins Eastman.

# **FSU Names Delia VP for Regional Development and Engagement**



**Al Delia** has joined FSU as vice president for Regional Development and Engagement (RDE), which is a new position and office at the University.

Funded separately from the University System of Maryland appropriation in Gov. Larry Hogan's budget, RDE will work to integrate University resources with regional partners in Western Maryland. Its goal is to help communities and companies in the region be competitive and meet the challenges of economic and community development.

Delia is now the primary contact point for companies, nonprofit organizations and governments in the region to access FSU's intellectual capital and other resources to address regional opportunities and challenges. He will also

lead government relations for FSU and explore opportunities to improve the depth of relationships with local, state and federal governments.

Working with private- and public-sector partners, RDE will help mobilize faculty, students and staff to provide information, technical assistance and problem-solving services to better implement economic and community development plans and programs. Through

those partnerships, RDE aims to help make the Western Maryland tri-state region a premier destination in which to live, learn, work and play.

Prior to FSU, Delia served as director of the Office of Health Access at the Brody School of Medicine at East Carolina University (ECU) in Greenville, N.C. Before that, he was secretary of North Carolina's Department of Health and Human Services. In earlier roles, he served as senior advisor to North Carolina Gov. Beverly Eaves Perdue; as CEO of the state's Eastern Region Development Commission; and as associate vice chancellor for Research, Economic Development and Community Engagement at ECU.

To contact Delia about accessing FSU's intellectual capital or otherwise partnering with FSU, email <a href="mailto:aadelia@frostburg.edu">aadelia@frostburg.edu</a> or call 301-687-3017.

## **Take Note**

# **Are You Signed Up for Burg Alerts?**

Burg Alerts are FSU's method to alert the campus in any kind of emergency or about closings or delays caused by inclement weather. Alerts can be sent as text messages to your cell phones (standard texting rates apply) and as free emails. To sign up, click <a href="https://www.frostburg.edu/computing/fsualert">www.frostburg.edu/computing/fsualert</a> or click the Emergency link at the bottom of the FSU front page. Follow the instructions, using your FSU user name and password to access the site.

You have the option of having alerts sent to two cell numbers and six email addresses, for example, if you want your family members to be informed. (They cannot sign up without your input.) This option is found under "Services" when you sign up. Make sure to follow the validation steps after signup to activate your choices.

For students who use SafeRide, a feature in Burg Alerts allows you to stay informed in case SafeRide does not run in bad weather. After you have signed up for Burg Alerts, text the word "saferide" to 79516. You will receive a confirmation text that tells you that you have signed up successfully.

## **FSU: Lyme Disease Is Here and the Public Can Help**



The photo on the left shows an adult deer tick, photo courtesy of USDA Agricultural Research Service, Scott Bauer. In the other photo, to show the scale of a deer tick, toasted sesame seeds – which are the approximate size of adult deer ticks – are shown next to a dime.

With Western Maryland in fall bloom, tick season is here, and regular tick checks are more important than ever for people and pets in the region. FSU researchers have been studying the tick population in Rocky Gap State Park in recent years. Worryingly, 25 percent of the ticks they collected in 2016 tested positive for Lyme disease.

Now FSU's *Dr. Rebekah Taylor*, assistant professor of biology, and her students are expanding their study of Lyme disease-bearing ticks across the region. To succeed, they need the public's help.

Taylor is asking people to mail her any ticks they find within the greater Western Maryland area: in a roughly 100-mile radius that covers the area north to Pittsburgh, west to Morgantown, W.Va., east near Frederick and neighboring West Virginia counties.

Ticks must be dead, enclosed in a sealed plastic bag, securely taped to a piece of paper and labeled with the date and approximate location where they were found. Tick samples may be whole, partial or crushed. If a tick is still alive, it should be frozen for 24-plus hours before mailing. Mail tick samples to Dr. Rebekah Taylor, Frostburg State University, 101 Braddock Road, Frostburg, MD 21532.

A years-long project for Taylor, the research will provide practical learning experiences for many classes of students, each building on the work of those before them.

Taylor aims to establish FSU as a public resource for tick-borne disease in Appalachia. She cannot provide test results from individual ticks, but the data she collects will help create a public map highlighting Lyme-bearing tick locations across the region. Identifying hotspots for Lyme will help people – and their pets – avoid the disease.

Lyme is America's most common vector-borne disease (those spread by infected arthropods like mosquitoes or ticks). While frequently found elsewhere in Maryland at lower elevations, Lyme was uncommon in Western Maryland until recently, Taylor said.

To learn more about Lyme disease, identifying ticks and preventing tick-borne disease, Taylor recommends <a href="www.tickencounter.org">www.tickencounter.org</a> or <a href="www.cdc.gov/lyme">www.cdc.gov/lyme</a>. To read the full press release and to learn more about the research of Taylor's students, <a href="mailto:Sarah Kuchinsky">Sarah Kuchinsky</a> and <a href="Hannah Elliott">Hannah Elliott</a>, visit <a href="https://bit.ly/2J71GDn">https://bit.ly/2J71GDn</a>.

# Important Immunization Record Reminder From Brady Health Center

The Brady Health Center reminds all new and transfer students of the required health information that must be on file in the health center – an immunization record with documentation of two doses of the MMR (Measles/Mumps/Rubella) vaccine and a Td/Tdap (Tetanus/Diphtheria/Pertussis) vaccine within 10 years, plus completion of the tuberculosis screening form and any required follow-up. The tuberculosis screening form can be completed online as long as you are 18 years or older. The immunization record can be obtained by calling your health care provider or high school and having the record faxed to the health center at 301-687-7050 – just make sure there are two doses of the MMR vaccine and a Td/Tdap vaccine within 10 years documented.

If this information is not received and complete, a health hold will be placed on the new student's PAWS account, blocking any future class registration. Students who are not in compliance will receive email notification to their FSU email account. More info is available at <a href="https://www.frostburg.edu/brady-health/student-info/index.php">www.frostburg.edu/brady-health/student-info/index.php</a>.

## **Zipcar Is Back on Campus**

Zipcar is back at FSU! Check out the cars and join today. Did you know gas and insurance are included?

# **FSU to Offer Community Course in Basic Ceramics**



FSU's Department of Visual Arts will hold a non-credit community course in basic ceramics on Tuesdays from 6 to 9 p.m. **Aug. 28 to Oct. 23** in Fine Arts 107. The eight-week course will provide an introduction to the basic ceramic processes, including hand-building, and the pottery wheel. The course is designed for individuals new to clay and those who have experienced some ceramic techniques and want to develop their abilities. The class will be taught by ceramic artists Bobby Croft and Alexis Thorner. The cost is \$180 plus the cost of clay. Note: Students under the age of 18 must be accompanied by an adult who is also registered for the class.

For info, contact the Visual Arts Department at 301-687-4797 or <a href="mailto:jbrown@frostburq.edu">jbrown@frostburq.edu</a>.

# **Honors Program Welcomes New Students**

The FSU Honors Program welcomes the 147 new Honors students who enrolled at Preview FSU this summer. The number of new Honors students, when compared to the overall number of 690 new first-year students who enrolled at Preview, equals 21.3 percent of new first-year students at FSU!

To Honors students: For info, email *Dr. Greg Wood*, an associate professor in FSU's Department of History and director of the Honors Program, at <a href="mailto:gwood@frostburg.edu">gwood@frostburg.edu</a> or visit him at 101 Fuller House. Wood's regular office hours are 9 to 11 a.m. on Mondays and Wednesdays.

## **Activities for Life**

For info and registration, contact Amy Nazelrod, AFL coordinator, at 301-687-7934 or anazelrod@frostburg.edu.

## **Water Aerobics**

Two sessions of water aerobics will be offered **Tuesdays and Thursdays** from 6:40 to 7:30 p.m. in the Cordts PE Center swimming pool. Session 1 will be held from Sept. 4 through Oct. 18 and Session 2 from Oct. 23 through Dec. 13 (with no classes on Nov. 20 and 22). Participants may register for the Tuesday or Thursday class or both nights.

This class is geared toward those who want to increase cardiovascular fitness, flexibility and body strength. It is the perfect activity for those with painful joints or other movement limitations. Water aerobics creates good muscle balance, making the muscles limber and strong. The instructor for this class is Bobbie Cameron.

Note that classes canceled due to unforeseen closings and circumstances will not be rescheduled.

## 'Move It and Lose It' Dance Classes

"Move It and Lose It" classes for ages 16 and older will be offered Wednesdays, Sept. 19 through Nov. 14, from 5:30 to 6:15 p.m. in the Dance Studio (room 106) of the Cordts PE Center.

"Move It and Lose It" allows participants to exercise, lose weight and still have fun by dancing to popular music. Basic dance movements will be taught and the students will follow along with the teacher to popular upbeat music for a fun way to get in shape. Participants are urged to wear comfortable clothing that allows for easy movement. Bare feet, socks and non-street shoes are all acceptable. Performer, choreographer and educator Nicole Frost will be the instructor.

The registration and payment deadline is Monday, Sept. 17. A minimum of six participants is needed for the class.

# Study Abroad

# U.S. Globalization in Europe? Study Abroad in Ireland, Spring Break 2019

Kilkenny Castle

During the week of spring break in spring 2019, a group of FSU students will visit Ireland to examine firsthand how a European country grapples with U.S. globalization and U.S. cultural influence. Students will explore the landscape of consumerism, take in the new-built environments of economically developing areas, visit museums and hear lectures on the topic of U.S. cultural influence in Ireland from scholars at Mary Immaculate College in Limerick.

Students will discover that a sense of Irish nationhood exists in tension with a U.S.-driven process of globalization and that the local and national frameworks for Irish culture face notable pressures from wider global, cultural and economic trends. Students will visit several unique sites such as President Donald Trump's golf course in Doonbeg, the new President Barack Obama shopping plaza in Limerick, the Hunt Museum, Kilkenny Castle and the Guinness Factory and Museum in Dublin.

One goal for the trip is to initiate a conversation with students about whether or not the concept of "empire," which informs many scholars' recent discussions of U.S. economic and cultural globalization, is a valid framework for analyzing recent U.S. relations with

This trip is open to Honors Program students and General Education students. Scholarships for Study Abroad are available.

Note: A 3-credit spring 2019 seminar course will complement this experience (IDIS 491/HIST 490 U.S. Empire and American Culture Abroad); however, enrolling in this course is optional.

For info, contact *Dr. Greg Wood*, an associate professor in FSU's Department of History and director of the Honors Program, at <a href="mailto:gwood@frostburg.edu">gwood@frostburg.edu</a> or 301-687-4998, or visit his office at 101 Fuller House.

# Where in the World Would You Like to Study Abroad?



Zachary Cunningham in Thailand (summer 2017)

FSU students have the opportunity to study abroad all over the world.

Financial aid can be used for overseas experiences during the fall and spring semesters. There are also exchange programs available that allow students to pay FSU tuition prices.

For info, contact Sarah Heilig at 301-687-4747 or seheilig@frostburg.edu.

## **Student Life**

# **Edgewood Commons Apartments – FSU's Only On-Campus Apartments**

Edgewood Commons Apartments is accepting applications for the fall semester. Contact Edgewood directly for contracting questions. Online housing applications can be found at <a href="https://www.EdgewoodFSU.com">www.EdgewoodFSU.com</a>.

Single bedroom apartment layouts include a four-bed/two-bath and two-bed/two-bath apartment. All apartments come with furniture and appliances, including a washer and dryer. Utilities (gas, electricity, water, Internet and cable with HBO) are included in the contract fee.

Stop by for a tour Monday through Friday from 9 a.m. to 4:30 p.m. or call 301-689-1370 to find out about availability.

## **FSU Events Calendar**

For info on FSU events, go to http://events.frostburg.edu/calendar.

Questions? Call 301-687-4411. All information is subject to change.

Note: FSU is committed to making all of its programs, services and activities accessible to persons with disabilities. To request accommodations through the ADA Compliance Office, call 301-687-4102 or use a Voice Relay Operator at 1-800-735-2258.

# **Campus Safety Tips**



Be aware of your surroundings.

Lock your doors when you're alone or asleep.

**Carry some emergency cash.** 

Know your way around campus and locate the emergency system areas.

Avoid becoming inebriated and losing control.

Always have emergency contacts on you or in your device.

Consider carrying pepper spray, a whistle or taking a self-defense course.

**VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023** 

#### **CORE VALUES**

- Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.
- Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a
  diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

• Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

#### **OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023**

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

#### STRATEGIC GOALS

- Focus learning on the acquisition and application of knowledge.
- Provide engaging experiences that challenge our students to excel.
- Expand regional outreach and engagement.
- Align University resources human, fiscal and physical with strategic priorities.