

For and about FSU people
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Copy deadline: noon Wednesday, Candis Johnson at statelines@frostburg.edu

Frostburg State University Announces New Physician Assistant Program

FSU has received approval from the Maryland Higher Education Commission and the University System of Maryland to offer a physician assistant (PA) master's degree program, which will be offered at the University System of Maryland at Hagerstown.

The program is the result of a 2013 request from local and state health care leaders, who asked FSU to consider developing a PA program that would attract students who want to work and live in the Western Maryland region and surrounding areas. This request was in response to the growing shortage of health care providers in the region, a shortage brought on by increased demand for access to health care due to an aging population, aging physician population and increased access to health insurance as a result of the implementation of the Affordable Care Act.

"Soon after arriving at FSU in 2016, I saw the program's development plan and was in full support," said FSU President Ronald Nowaczyk. "This initiative is exactly the type of program FSU wants to create to fulfill our commitment as a partner in workforce development in the region. The health care industry is the largest employer in Maryland's three westernmost counties, and FSU is a committed educational partner to assure we are responding to our regional needs. We also recognize FSU's role in helping to improve health in rural Maryland by educating health care providers to care for the citizens of the state."

"This program has been made possible through a true, collaborative community effort," said Beth Smolko, director of FSU's PA program. "We have been overwhelmed by the support shown to us from regional health systems, particularly Meritus Health System and Western Maryland Health System. We are also grateful to local philanthropists, the Appalachian Regional Commission, local and state political leaders, USM Board of Regents, USM at Hagerstown and regional physicians and advanced practice providers, particularly Dr. Sean McCagh, who was part of the group to bring the idea to FSU. Without this collaboration, this program would not be possible."

Smolko added that PA programs are known to be among some of the most difficult programs to develop to full implementation due to the rigorous accreditation standards and need for resources.

"The support of our community partners has truly set this program in motion for success because it is built on a foundation of partnership and a mission to develop PAs who want to serve rural and medically underserved communities, like those found in Western Maryland and surrounding areas," Smolko said.

FSU is accepting applications now for the first class, anticipated in May 2019 pending achieving Accreditation-Provisional status. The program will be offered at USMH in downtown Hagerstown, thanks to the partnership of Meritus Health System, which has provided the facility for the program; the Appalachian Regional Commission; and local philanthropists who provided funding to assist with the renovation and equipment purchase.

FSU has applied for Accreditation-Provisional from the Accreditation Review Commission on Education for the Physician Assistant (ARC-PA). FSU anticipates matriculating its first class in May 2019, pending achieving Accreditation-Provisional status at the March 2019 ARC-PA meeting. Accreditation-Provisional is an accreditation status granted when the plans and resource allocation of a proposed program that has not yet enrolled students, if fully implemented as planned, appear to demonstrate the program's ability to meet the ARC-PA standards or when a program holding Accreditation-Provisional status appears to demonstrate continued progress in complying with the standards as it prepares for the graduation of the first class of students.

Open houses and webinars in September and October for prospective students will be announced. Info about the program requirements and application will be available at www.frostburg.edu/grad.

FSU Celebrates Region's Unique Culture and Resilience With Appalachian Festival



FSU's much-anticipated Appalachian Festival will return for its 13th year **from Thursday**, **Sept. 13**, **to Saturday**, **Sept. 15**. The free, family-friendly event brings together artists and craftspeople to celebrate all that makes the region unique – its history, culture, music and dance, folk arts, food and more – with performances, workshops, displays, discussions and activities

The capstone of the festival is the concert featuring Kaia Kater, with special guests Anna & Elizabeth, on Saturday at 7:30 p.m. at the Palace Theatre at 31 E. Main St. in Frostburg. Kater is a Montreal-born Grenadian-Canadian whose old-time banjo skills, jazz-fueled voice

and deft songcraft have landed her in the spotlight in North America and the UK, garnering critical acclaim from Rolling Stone, BBC Music and No Depression. Appalachian folk musicians Anna Roberts-Gevalt and Elizabeth LaPrelle combine soul-stirring harmonies, storytelling and use of a traditional "crankie" – an old storytelling art form consisting of a long illustrated scroll wound onto two spools – to bring old-time music and ballads to a new generation of music lovers. Tickets are \$18 for adults and \$16.20 for youth 18 and under. Tickets can be purchased at the door.

This year's festival focuses on "Exploring Diversity in Appalachia," featuring presentations on African-American history, music and culture; Queer Appalachia; efforts to diversify the region's agricultural sector; health-care access and service work in and beyond the Appalachian region.

Exploration of the topic will begin Thursday with "The Brownsville Project: A Theatrical Production," featuring Frostburg natives Clory Jackson and Caroline Hann, at 7 p.m., also at the Palace Theatre. Jackson, who has forged a career leading service support and operations teams for forward-thinking start-up companies, and Hann, the co-artistic director of the Meta Theatre Company, a social justice theatre company that believes theatre is a pathway to justice, have joined forces to present an interactive theatre experience to explore and confront the history of Brownsville, the home of Frostburg's African-American community, and its social impact on the lives of Brownsville and Western Maryland residents.

The theme of exploring diversity continues Friday on FSU's Upper Quad with the Appalachian Symposium, beginning at 1 p.m. with "Hidden History: A Tour of Brownsville" by author Lynn Bowman, who will walk participants through the period 1927 through the 1950s, when the state purchased property and homes in Brownsville to expand State Normal School No. 2, which is now FSU. Following her tour, at 2 p.m., author Ed Maliskas will discuss his book, "John Brown to James Brown: The Little Farm Where Liberty Budded, Blossomed and Boogied," which focuses on Abolitionist John Brown, then moves to the Black Elks' use of the property as their headquarters during the height of the civil rights movement and ends with an exploration of concerts held on the farm featuring legends of rhythm and blues. At 3 p.m., join Queer Appalachia Project Directors Gina Mamone and Kayleigh Phillips for "Queer Appalachia's Electric Dirt Grows Restorative Justice and Harm Reduction in Appalachia by Redefining the Region's Media #ourmountainstoo," as they discuss their work for Electric Dirt, which seeks to celebrate queer voices from Appalachia and the South. Later, at 4 p.m., Maggie Elehwany, vice president of Government Affairs and Policy for the National Rural Association, will speak to the state of health of Appalachia, discussing key health concerns such as the devastation of the opioid crisis, growing shortages in obstetric services and increases in health-care disparities in Appalachia. In the last presentation of the day, "'Sustainable' Agriculture" at 5 p.m., Corey Armstrong, Frostburg resident and program director of the Sustainable Agriculture Entrepreneurship, will discuss efforts to diversify Appalachian farms. The symposium ends at 6 p.m. with dinner and a performance, "Revelations: A Celebration of Appalachian Resiliency," by Michael and Carrie Kline and Sparky and Rhonda Rucker.

On Saturday, the Session/Jam Tent returns again this year. Musicians of all levels can gather on the Upper Quad throughout the day and play their instruments to the tune of Appalachian genres, including bluegrass, mountain music mix, Celtic and old-time.

Also on Saturday, two stages will host a variety of musical groups from across the region. Blue Hill Bluegrass, Highland Grass, the Brad and Ken Kolodner Quartet with Rachel Eddy and Lucas Chohany, Time Travelers, Black Diamond Bluegrass, Allegheny Drifters, the Davis & Elkins College Appalachian Ensemble, Corner House with Jeff Thomas, and the Barnstormers and RockCandy Cloggers will perform on the Compton stage. On the Thomas Subaru Hyundai stage, the Fly Birds, Cory and Heather Wharton, Sparky and Rhonda Rucker, Hay Fever with Pete Hobbie, Davis Bradley Duo, Loretta Hummel and Paul Dix, Fritz Kessler and Jason Twigg, Valev Laube and Charlie Rauh, Jay Smar, Casselman Valley Travelers and Greg Latta will appear. In addition, the Garrett Highlands Pipes and Drums and Frostburg Arion Band will perform on the grounds.

Chapel Happenings at 11 a.m. in Cook Chapel will include Embracing Diversity and Songs for Social Justice – from slavery, to mining and labor struggle, to the civil rights movement, LGBTQ struggles and beyond. Performers will include musicians and storytellers Michael and Carrie Kline and Ray Owen. Also appearing in the chapel from 12:30 to 3: p.m. will be accomplished storytellers Katie and Otto Ross, Jo Ann Dadisman, Adam Booth, Rich Knoblich and Mikalena Zuckett, who will enchant the audience with stories and lore inspired by their Appalachian upbringings.

Throughout the day, attendees can visit the Explorations Tent. Featured are a presentation about Cresap's Rifles: The Untold Story of the Riflemen Who Helped Save George Washington's Army by Champ Zumbrun; Scales to Tales, an educational program using non-releasable birds of prey and reptiles; a presentation featuring some of the more than one hundred interviews for John Brown to James Brown: The Little Farm Where Liberty Budded, Blossomed and Boogied by Ed Maliskas; the American Chestnut Foundation, which aims to restore the American chestnut tree to the eastern woodlands; Choose Civility: Allegany County, a grassroots initiative to improve and enrich Allegany County by promoting civil conversations and kindness; and Appalachia Beyond the Borders, where area residents will discuss their work in multicultural national and international communities.

In the Folkways Tent, festivalgoers can learn how to play the dulcimer, join several dance workshops or a hambone and body percussion workshop, as well as learn about the African-American ballad tradition or traditional medicinal plants of Appalachia.

In addition to plenty of food and entertainment for all ages, the festival will provide activities and programming specifically for children, who can join in singalongs with multi-instrumentalist Ray Owen; join the Sunnyland Band and play along on spoons, jugs, washboards and all kinds of instruments from other countries; paint goat-shaped silhouettes at the Capering Kids 4-H Goat Club display; and make traditional Appalachian toys at Hands-on Arts.

A variety of artisans are also featured throughout the festival, offering tatting, pottery, ceramic wares, industrial-style sculptural pieces and accessories, quilting, watercolors, jewelry, knitting, basket making, decorative gourds, fiber arts, African masks, woodworking, cigar box banjos, weaving and mountain dulcimers. Also on the grounds are the Heishman HoneyB Hut and Garden City Bees (honey and beeswax products), the Nettle Patch (organic products), Allegany Allied Arts, the Western Maryland Chapter of the Archeological Society, Engage Mountain Maryland, Appalachian Mountain Books, Wynter's Haven (natural personal and home care products), the Frostburg Museum Association, Yellow K Records, Allegany County Women's Action Coalition, Allegany and Garrett County Bird Club, American Chestnut Foundation, NAACP – Allegany Chapter, Connector Entity Program of AHEC West (qualified health plans), Frostburg First, Wholesome Harvest Co-op, Nemacolin Chapter of Trout Unlimited, the Sierra Club – Western Maryland Group and Appalachian Laboratory.

To learn more about the FSU Appalachian Festival, visit www.frostburg.edu/events/afestival or email Dr. Kara Rogers Thomas at krogersthomas@frostburg.edu.

CES at FSU Opens Season With Bluegrass Performer Kaia Kater



Kaia Kater, left, and Anna & Elizabeth will perform at the Appalachian Festival capstone concert.

CES at FSU will launch its 62nd annual season with Afro-Canadian bluegrass phenomenon Kaia Kater on **Saturday, Sept. 15**, at 7:30 p.m. at the historic Palace Theatre at 31 E. Main St. in Frostburg. The performance is offered as the capstone concert for the 13th annual FSU Appalachian Festival.

Included within Rolling Stone magazine's list of "10 New Country Artists You Need to Know," Kater plays folk mountain music with a modern-day edge. Her songs are fueled by her rich, low-tenor vocals, jazz-influenced instrumentation and beautifully understated banjo. Orlando Weekly declared that Kater is "defining roots music for a new generation." Her keen traditional sensibility and lyrical ability distinguish her as an artist on the rise and helped earn her a 2016 Canadian Folk Music Award.

Also performing are folk duo Anna & Elizabeth, who bring traditional songs to life with sparse, atmospheric arrangements of guitar, banjo, fiddle and the uncanny blend of their voices in close harmony. They revive the tradition of "crankies" – illustrated, hand-cranked scrolls that depict songs and stories as they are performed.

Prior to the evening's performance, Kater will present a free workshop, "Hambone and Body Percussion," at 4 p.m. in the Upper Quad during Appalachian Festival daytime activities. Participants will explore different body rhythms native to the southern United States, with a focus on African-American hambone traditions. The workshop is open to all ages and no instruments are required.

Capstone concert tickets are \$18 for adults and \$16.20 for youth under 18. Member, military and group discount rates are also available. For info or to order tickets, visit CES' webpage at <u>ces.frostburg.edu</u> or contact the CES box office at 1-866-849-9237 or 301-687-3137. The box office, located in the Lane University Center, is open Monday through Friday from 10 a.m. to 4 p.m.

Music

Todd Marcus Quintet Presents 'On These Streets (a Baltimore Story)'



FSU's Department of Music will present bass clarinetist Todd Marcus and his quintet in a Guest Artist Series concert, titled "On These Streets (a Baltimore Story)," on **Monday, Sept. 17**, at 7:30 p.m. in the Pealer Recital Hall of FSU's Woodward D. Pealer Performing Arts Center. A question-and-answer session will be held before the performance at 6:30 p.m. in Pealer Center room 213. The recital and Q&A session are free and open to the public.

Marcus is one of the few internationally recognized artists to focus on the bass clarinet in jazz. His unique projects offer a broad range of music, including Middle Eastern-inspired compositions that reflect his Egyptian-American heritage, socially inspired work capturing life in his Baltimore community, a celebration

of the clarinet in jazz featuring clarinet great Don Byron and arrangements of jazz standards.

Marcus' latest album, also titled "On These Streets," features quintet music written to capture elements of his west Baltimore neighborhoods where the death of community member Freddie Grey in April 2015 led to the city's subsequent civil unrest. As a musician who has also worked as a community activist in this neighborhood for more than 20 years (at his nonprofit Intersection of Change), in his new album he seeks to portray the challenges and strengths of his community and find beauty in each. Also featured on "On These Streets" are Paul Bollenback on guitar, Bruce Barth on piano, Ameen Saleem on bass and Eric Kennedy on drums.

Marcus' past recognition includes a 2016 Jazz Hero award by the Jazz Journalists Association, a 2016 Chamber Music America New Jazz Works commission and a 2014 Baker Award – Baltimore's most prestigious award.

For info, contact FSU's Department of Music at 301-687-4109.

Presentations

FSU Presents Free Intellectual Property Workshop

Intellectual property (IP) – for established businesses, startup entrepreneurs, inventors and others – can be extremely valuable, but the concept can be confusing. To help untangle the mystery, FSU will offer an Intellectual Property Workshop on **Tuesday, Sept. 25**, from 2:30 to 5 p.m. in Gira Center room 397. The event is free and open to the public with registration.

FSU's IP Workshop will include a networking opportunity, an expert presentation on IP strategies and a panel discussion about firsthand experiences with protecting IP.

Patricia Campbell, professor of law at the University of Maryland's Carey Law School, will present "Intellectual Property Strategies for Startups and Entrepreneurs." Campbell is also director of the IP Law Program and director of the Maryland Intellectual Property Legal Resource Center.

The panel discussion, "The IP Journey: Lessons Learned From Entrepreneurs," will be moderated by Anne Balduzzi, an early pioneer of the Internet whose background includes product development and marketing for Apple, AOL in its startup days and Viewtron, the first consumer online service in North America. Balduzzi serves as TEDCO's director of Advisory Services where she runs the Rural Business Innovation Initiative, the Rural Pre-Seed Fund and TEDCO's Network Advisors program.

The discussion will feature three panelists with varying experiences in the IP arena.

Michelle Leveque is the founder and principal of Leveque Intellectual Property Law, P.C. She has 25 years of experience in IP law and has worked in many specialized technical disciplines.

Chuck Manto is CEO of Instant Access Networks LLC, a consulting/research and development firm that specializes in electromagnetic pulse protection. Manto holds six patents in telecommunications, computer mass storage and EMP protection, with a seventh patent pending.

Mike Steele is the founder of Motobriiz LLC, which manufactures wind-powered automatic motorcycle chain oilers. Steele successfully pursued patents for his invention in the U.S., through the World International Patent Organization and in several other countries.

To register for the IP Workshop, visit www.tedcorbii.com and click the registration link.

Visual Arts/History Depts. to Host Lecture on Recent Research of the Pyramids by Dr. Yasser Elshayeb



FSU's departments of Visual Arts and Sociology will host a lecture, "Science and Technology to Leverage Culture and Cultural Heritage," by Dr. Yasser Elshayeb, a professor of engineering at Egypt's Cairo University, on **Thursday, Sept. 27**, from 7 to 9 p.m. in Fine Arts 118. This event is free and open to the public.

In this seminar, Elshayeb will explain how information and communication technologies can contribute to a better knowledge of various cultures and how ICT can be used to disseminate and exchange information about cultural heritage sites, as well as draw a potential strategy for the contribution of ICT in cultural heritage. He will also discuss the recent applications of these technologies at the Giza Plateau in Egypt,

where scientists from Egypt, Japan, France and Canada were able to employ cosmic rays to scan the internal structure of the great Pyramid of Cheops (Khufu) and determine the existence of previously unknown voids within the structure. The work was the subject of a recent publication in "Nature."

In addition to his work at Cairo University, Elshayeb is also the national coordinator for the Erasmus+ Programme of the European Union. He is active in the field of cultural heritage management and conservation, risk assessment and project management through the participation and management of several international projects in those fields. Since 2006, Elshayeb has been involved in setting up the Euro-Mediterranean policies and dialogues on higher education, research, innovation and culture as a focal point of many Euro-Mediterranean programs in Egypt. For many years, he was the Egyptian national contact point for European research programs and participated in many projects focusing on setting priorities in the Mediterranean region, the Gulf region and Africa.

For info, contact Dustin Davis at ddavis@frostburg.edu or Dr. Kara Rogers Thomas at krogersthomas@frostburg.edu.

Visual Arts

'Femina in Toto' Appearing at the Stephanie Ann Roper Gallery







A dual neck vase by Erica Kempler, "Frida" by Jay Grebe Yeatts and "Virditias 1" by Virginia Frushour are some of the works that will be on display in the Roper Gallery.

"Femina in Toto" ("Woman as a Whole"), an exhibit of digital photography and sculptural ceramic works created solely by female artists, will be on display at the Stephanie Ann Roper Gallery in the Fine Arts Building through **Tuesday**, **Oct. 9**. This event is free and open to the public.

The featured artists are Virginia Frushour, Jay Grebe Yeatts '05

and *Erica Kempler '09*, women who all have deep roots in the communities of Western Maryland and have developed work specifically with this homecoming exhibition in mind.

Frushour is a natural photographer based outside of Middletown, Md. Raised near the Appalachian Trail, she has a deep love of nature, and her body of work focuses on outdoor and nature images and photography as a tool for societal change.

Yeatts, who lives in Philadelphia, recently changed her artistic concentration from painting and metal sculpture to ceramics, which she now pursues full time. Her work strives to utilize realism to explore the human experience.

After graduating from FSU, Kempler earned her MFA from Indiana University of Pennsylvania. She has displayed her work nationwide. Inspired by nature and everyday objects, she strives to capture the ever-changing presence and formations of nature as it exists around us.

"Femina in Toto" will mark Frushour's and Yeatts' first professional exhibition.

Roper Gallery hours are 1 to 4 p.m. Sunday through Wednesday. For info, contact FSU's Department of Visual Arts at 301-687-4797.

Points of Pride

FSU's Online Master of Science in Nursing Ranked One of Best Online MSN Programs and One of Best for Nurse Administrators by OnlineMasters.com



OnlineMasters.com, an online service designed to encourage students to pursue higher education, has ranked Frostburg State University's online Master of Science in Nursing as one of the best online MSN programs nationally, as well as one of the best for nurse administrators, in the administration concentration, in its recent rankings for 2018.

For its rankings, OnlineMasters.com analyzed 866 online MSN programs and consulted 27 health industry experts, clinic and hospital managers, current students and alumni to identify 46 top programs. Its methodology included academic quality (40 percent) – academic metrics, number of online programs offered and faculty credentials and training; student success (40 percent) – graduate reputation, student

engagement, and student services and technology; and affordability (20 percent) – average net cost, percentage of students with loans and default rate.

FSU offers an online Master of Science in Nursing that is a 37-credit-hour program, including coursework in nursing informatics and research and systematic analysis. The program currently offers four tracks, Nursing Administration, Nursing Education, Family Nurse Practitioner and Psychiatric and Mental Health Nurse Practitioner.

OnlineMasters.com ranked FSU at number 29.

To view OnlineMasters.com's rankings of the Best Online MSN Programs for 2018, visit https://www.onlinemasters.com/msn-programs.

For the complete press release, go to https://bit.ly/2MRqnJC.

Andy Duncan's Novelette Published in Science Fiction Magazine

Andy Duncan, an associate professor in FSU's Department of English, had his latest piece of fiction, the novelette "New Frontiers of the Mind," published in the July/August issue of Analog Science Fiction & Fact. The magazine also published an online Q&A with the author: https://theastoundinganalogcompanion.com/2018/07/12/ga-with-andy-duncan.

Take Note

Red Cross to Hold Blood Drive on Campus

Sigma Alpha Epsilon will sponsor an American Red Cross Blood Drive to be held **Friday, Sept. 14**, from 11:30 a.m. to 5 p.m. in the Lane Atkinson Room (232).

Walk-ins will be accepted, but online scheduling is encouraged at https://www.redcrossblood.org/give.html/donation-time (enter 21532 as the zip code).

FSU Holding Community Auditions for 'Best Christmas Pageant Ever' Performers

FSU's Department of Theatre and Dance is holding auditions for young local actors who can play roles ages 4 to 13 in its coming production of "The Best Christmas Pageant Ever," which premieres **Friday, Nov. 30**. The auditions will be held by appointment on **Sunday, Sept. 16**.

This delightful comedy has become a holiday staple for groups across the United States and features plenty of great roles for children, a few favorite Christmas carols and a lot of laughs.

Parents with interested children should email the director, Mairzy Yost-Rushton, at myost@frostburg.edu. Provide a mailing address, cell phone, email address, child's age, grade and height to receive a copy of the audition text. Call Erica Breighner at 301-687-4145 weekdays between 9 a.m. and 4 p.m. to make an appointment for an audition.

Children's Literature Centre to Host Open House



FSU's Children's Literature Centre will hold an open house on **Monday, Sept. 17**, from 10 a.m. to 2 p.m. in Framptom 206. Come find out about upcoming events for the year and the CLC's review collection for University use.

There will also be a drawing for one ticket to the CLC Book Award Banquet and "Ida, Always" by Caron Levis, the 2018 CLC Book Award recipient.

For info, contact Eoghan Linehan at elinehan0@frostburg.edu.

FSU Social Justice Summit Coming Up in October

The year 2018 brings with it the 20th year of FSU's Diversity Retreat. In celebration of the 20th anniversary, the retreat has been renamed "The FSU Social Justice Summit." This event provides FSU students with the opportunity to increase their awareness surrounding issues of diversity, equity and inclusion. Action plans developed during the weekend will assist them in being agents of positive change on campus.

This weekend-long event gives students the chance to learn more about themselves, engage in discussions with other students on a variety of issues and create strategies for implementing social change. The 2018 Social Justice Summit will be held **Friday**, **Oct. 5**, **through Sunday**, **Oct. 7**. Registration is free and the event is open to all FSU students.

Social justice is the continuous process of eliminating ignorance and prejudice through education and advocacy to bring about greater equity among all members of society and ensuring no dimension of identity is oppressed by society as a whole. Social justice is a process in which people strive to eliminate the roots of oppression through education and the redistribution of resources, opportunities and responsibilities. In the pursuit of social justice, education must be used as a tool to empower people so that they can eliminate the oppression of all. It involves acting as one to create an open, equitable and just society.

Learning outcomes for summit participants include the following goals:

- Be able to articulate concepts and terminology, including social justice, privilege, power, oppression, marginalization and intersectionality, related to social justice
- Be able to recognize their intersectional social identities in relation to privilege, power and oppression
- Be able to articulate how concepts of privilege, power and oppression operate within the FSU community and larger society
- Be able to explain how they will incorporate learning from the summit into their daily practices

Faculty and staff are asked to inform their students of this opportunity, encourage their participation (perhaps even giving credit for participation) and refer them to the Center for Student Diversity, Equity and Inclusion for more information.

For info, call 301-687-4050, visit Hitchins 116 or email Robin Wynder at rwynder@frostburg.edu.

Burg Peer Education Network Events



Burg events for the week are as follows:

- How-to Planner Party, Monday, Sept. 10, 7 to 8 p.m., Pullen 107
- Money Management, Wednesday, Sept. 12, 7 to 8 p.m., Lane 111
- General Body Meeting, Thursday, Sept. 13, 6:30 to 8 p.m., Pullen 107

For info, contact Sophia Staggers at srstaggers0@frostburg.edu.

Graduation Will Be Here Before You Know It!

It's not too early to think about graduation, especially if you intend to graduate on **Wednesday**, **Dec. 19**, in the Cordts PE Center.

The College of Liberal Arts and Sciences and the Colleges of Business and Education will present their graduates at 2 p.m. Tickets will be required for admission. The number of tickets will be determined at a later date, based on the number of graduating students.

If you have not yet done so, contact the Registrar's Office to complete your graduation application and check that your home mailing address is accurate in PAWS, so you'll receive all the necessary upcoming info.

Follow @FrostburgGrad on Twitter or Frostburg Graduation on Facebook for updates and important info throughout the semester.

Full details about the ceremony can be found on the Commencement website at www.frostburg.edu/events/commencement. For info, contact Christie Bohn at 301-687-4423 or clobhn@frostburg.edu.

Activities for Life

Group Fitness Classes

Group fitness classes will be offered **Tuesdays through Thursdays**, **Sept. 11 through Dec. 6** (with no class on **Sept. 26 and Nov. 20 through 22**), from 7 to 8 p.m. in Cordts PE Center room 168.

After paying a one-time semester fee, participants will be able to attend the following classes: Step Mix with Eve Schott on Tuesdays, Yoga Fundamentals with Samantha Scott Kennedy on Wednesdays and Cardio Sculpt with Erica Brinsfield on Thursdays. For a lesser fee, participants can instead choose one specific night of the week (not transferable to another night for missed classes).

Step Mix employs choreographed combinations using an elevated step to upbeat music. Yoga Fundamentals focuses on building strength, flexibility and concentration while calming the mind. Cardio Sculpt emphasizes toning and muscle definition using high reps and medium resistance and is designed to strengthen the cardiovascular system and boost balance, endurance and agility.

The first week is free to try out the classes. Payment must be made the following week.

Classes canceled due to unforeseen FSU closings and circumstances will not be rescheduled.

For info and registration, contact Amy Nazelrod, AFL coordinator, at 301-687-7934 or anazelrod@frostburg.edu.

FSU-TV3

Did You Know FSU-TV3 Has Science and Technology Programming?

Here's a sample of the channel's shows.

"Future Talk" examines the global impact of technology, for good and for bad, and tries to see where it's leading. Tune in Sunday through Saturday at 3 p.m. and at other times.

"Peak Moment: Locally Reliant Living" is a show that features grass-roots efforts exploring locally reliant lifestyles. Tune in Tuesday, Wednesday and Friday at 10 a.m. and at other times.

"SEA-Inside: Pacific Northwest" is a TV journey to meet the "neighbors" who live below the surface of the Pacific Northwest waters. Tune in Monday through Friday at 3:30 p.m. and at other times.

For info, log on to www.frostburg.edu/fsu-tv3/programming/sciencetechnology.

Follow FSU-TV3 on Facebook at https://www.facebook.com/FSUTV3, Twitter at https://twitter.com/fsutv3 and Instagram at https://instagram.com/fsutv3.

Study Abroad

U.S. Globalization in Europe? Study Abroad in Ireland, Spring Break 2019

Kilkenny Castle

During the week of spring break in spring 2019, a group of FSU students will visit Ireland to examine firsthand how a European country grapples with U.S. globalization and U.S. cultural influence. Students will explore the landscape of consumerism, take in the new-built environments of economically developing areas, visit museums and hear lectures on the topic of U.S. cultural influence in Ireland from scholars at Mary Immaculate College in Limerick.

Students will discover that a sense of Irish nationhood exists in tension with a U.S.-driven process of globalization and that the local and national frameworks for Irish culture face notable pressures from wider global, cultural and economic trends. Students will visit several unique sites such as President Donald Trump's golf course in Doonbeg, the new President Barack Obama shopping plaza in Limerick, the Hunt Museum, Kilkenny Castle and the Guinness Factory and Museum in Dublin.

One goal for the trip is to initiate a conversation with students about whether or not the concept of "empire," which informs many scholars' recent discussions of U.S. economic and cultural globalization, is a valid framework for analyzing recent U.S. relations with Europe.

This trip is open to Honors Program students and General Education students. Scholarships for Study Abroad are available.

Note: A 3-credit spring 2019 seminar course will complement this experience (IDIS 491/HIST 490 U.S. Empire and American Culture Abroad); however, enrolling in this course is optional.

For info, contact *Dr. Greg Wood*, an associate professor in FSU's Department of History and director of the Honors Program, at gwood@frostburg.edu or 301-687-4998, or visit his office at 101 Fuller House.

Where in the World Would You Like to Study Abroad?



Zachary Cunningham in Thailand (summer 2017)

FSU students have the opportunity to study abroad all over the world.

Financial aid can be used for overseas experiences during the fall and spring semesters. There are also exchange programs available that allow students to pay FSU tuition prices.

For info, contact Kara Hotchkiss at 301-687-4747 or kjhotchkiss@frostburg.edu.

Student Life

Edgewood Commons Apartments – FSU's Only On-Campus Apartments

Edgewood Commons Apartments is accepting applications for the fall semester. Contact Edgewood directly for contracting questions. Online housing applications can be found at www.EdgewoodFSU.com.

Single bedroom apartment layouts include a four-bed/two-bath and two-bed/two-bath apartment. All apartments come with furniture and appliances, including a washer and dryer. Utilities (gas, electricity, water, Internet and cable with HBO) are included in the contract fee.

Stop by for a tour Monday through Friday from 9 a.m. to 4:30 p.m. or call 301-689-1370 to find out about availability.

Community

Mountainside Baroque Announces 2018-2019 Season, 'Off the Beaten Path'



Baroque trumpets will be featured in Mountainside Baroque's opening concert of the season on Sept. 30.

Mountainside Baroque, Western Maryland's early music collective, announces its eighth concert season, titled "Off the Beaten Path: Renaissance and Baroque Music Around the World." This season's performances will highlight the wealth of rediscovered musical riches that originate from Austria, Bohemia (Czech State), Portugal, Mexico, Bolivia and Peru.

The season will open with "Eastern Europe: Bohemian and Austrian Musical Courts" on **Sunday**, **Sept. 30**, at 4 p.m. at the Shrine of SS Peter and Paul in Cumberland. The Austrian Habsburgs and

the bishops of Kromierz (a city in present-day Czech Republic) often exchanged the best music from their respective courts, written by composers such as Heinrich Ignaz von Biber, Johann Schmelzer, Josef Pavel Vejvanovsky and Antonio Bertali. Baroque trumpet and tympani often feature prominently in this music and will be brought to life in this performance by the University of Kentucky's awardwinning five-part Baroque Trumpet Ensemble. The concert will also feature acclaimed New York countertenor Daniel Moody, along with a five-part string ensemble, including North Carolina violist da gamba Brent Wissick.

For info, visit www.mountainsidebaroque.org or call 301-338-2940.

FSU Events Calendar

For info on FSU events, go to http://events.frostburg.edu/calendar.

Questions? Call 301-687-4411. All information is subject to change.

Note: FSU is committed to making all of its programs, services and activities accessible to persons with disabilities. To request accommodations through the ADA Compliance Office, call 301-687-4102 or use a Voice Relay Operator at 1-800-735-2258.

Don't Let Texting Blind You!



Don't text and drive. No text message is worth being distracted while you drive.

Consider turning your phone off, setting it to silent or storing it in the glove box before hitting the road.

Never send a text message to a friend that is driving to meet you, or to anyone you know is likely behind the wheel.

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

CORE VALUES

- Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.
- Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."
- Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

- Focus learning on the acquisition and application of knowledge.
- Provide engaging experiences that challenge our students to excel.
- Expand regional outreach and engagement.
- Align University resources human, fiscal and physical with strategic priorities.