# StateLines

www.frostburg.edu/news/statelines.htm

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#### FSU Middle States Accreditation Reaffirmed With Commendation

The Middle States Commission on Higher Education has reaffirmed FSU's institutional accreditation and offered a commendation to the University for the quality of its Periodic Review process and report.

Reaffirmation of FSU's accreditation means that the University – including at all of its off-campus instructional sites – continues to meet the requirements put in place by the Commission on Higher Education in its Characteristics of Excellence.

"After having personally served as a Middle States commissioner for the past six years, I am keenly aware of the rigor with which the committee reviews all college and university periodic review reports," said President Jonathan Gibralter. "It is truly commendable to receive feedback that reaffirms our accreditation and commends us for the way our process

engages the entire University community. This is something we all should take pride in."

As a regional accreditor, the Middle States Commission on Higher Education examines the entire institution, including its educational programs and curricula, student achievement, faculty, facilities and equipment, student support services, recruiting and admissions practices, the institution's financial condition, administrative effectiveness, governing boards and several other aspects of the institution.

In addition to Middle States accreditation, numerous individual programs at FSU are also accredited by specifically targeted agencies, including the National Council for Accreditation of Teacher Education for College of Education programs and AACSB International (Association to

Advance Collegiate Schools of Business) for College of Business programs.

FSU offers programs at the University System of Maryland at Hagerstown, through Anne Arundel Community College at Arundel Mills, through the Community College of Baltimore County-Catonsville, at Fort Hill and Mountain Ridge high schools in Allegany County, and online. FSU's next reaccreditation evaluation is due in 2016.

The Middle States Commission on Higher Education (3624 Market St., Philadelphia, Pa. 19104-2680; 267-284-5000) is a voluntary, nongovernmental, peer-based membership association dedicated to educational excellence and improvement through peer evaluation and accreditation. For info about Middle States, visit the website at <a href="https://www.msche.org">www.msche.org</a>.

# Visual Arts

# INX Graphic Social Satire at Roper Gallery



The INX
Graphic Social
Satire exhibit,
a collection
of editorial
cartoon art,
will be
coming to the
Stephanie

Ann Roper Gallery **from Friday**, **Feb. 3**, **through Sunday**, **Feb. 26**. The opening reception will be **Feb. 3** from 7 to 9 p.m.

The INX group was formed by New York Times editorial illustrators during the time of President Reagan. The name "INX" was coined by a play on the essential medium employed by these pen and brush artists. They all shared a desire to produce and distribute uncensored political images to news marketplaces, essentially keeping editorial control in the hands of the creators.

Since 1980, the INX group has produced compelling visual commentary on the big events that have spanned the millennial divide. The INX group generated a body of work composed of over 6,500 editorial images, which became a powerful graphic chronicle of the last two decades. The group became self-syndicated once more in 2002, this

time employing the powerful distribution means of the Internet by allowing subscribers to download the work directly from their website: <a href="inxart.com">inxart.com</a>.

From broad caricature to somber surrealism, these drawings represent diverse aesthetics and techniques. More than 50 contributors are involved in the INX group, and they represent a wide range of backgrounds, national origins and, most importantly, opinions. By doing all of this, INX has left an imprint in the world: a picture history of pointed views meant to amuse, incite and inspire.

From a teaching point of view, this exhibit has a strong multidisciplinary appeal. The artwork of INX is relevant to the graphic arts and the study of history and social science.

The Roper Gallery in the Fine Arts building is open Sundays through Wednesdays from 1 to 4 p.m. The exhibit is free and open to the public.

For info, contact the Visual Arts Department at x4797.



credit: David Klein/inxart.com For One-time Use Unless Otherwise Agreed

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# **Presentations**

# Hernandez to Speak on Traditional Foods and Medicinal Flora

**Traditional Foods in Appalachia** 



Mimi Hernandez, outreach coordinator of the Appalachian Center for Ethnobotanical Studies at FSU, will speak at Mountain City Traditional Arts, 25 E. Main St.,

Frostburg, about the traditional foods in Appalachia on **Thursday**, **Jan. 26**, from 6:30 to 8:30 p.m.

Appalachian heritage is rich with a variety of foods from the wild and from beyond. During this presentation, learn the distinction between native, cultivated and exotic ingredients in our diet, as well as the ethnobotany and history of commonly eaten foods in the Appalachian region. Hernandez will speak about native foods such as ramps, pawpaw, maple syrup, berries and persimmons. She will cover topics such as how wild bitter greens support the liver and set the stage for digestion, and how, when cooked properly, cultivated shitake mushrooms, which are easy to grow on Appalachian hardwood, are immuneboosting and cancer-preventing, as

well as some of the common household spices that can improve your health.

#### **Medicinal Flora of Appalachia**

Hernandez will give a presentation on the medicinal flora of Appalachia **Thursday, Feb. 2**, from 6:30 to 8:30 p.m. at MCTA. The Appalachian area is one of the most diverse and abundant ecosystems for medicinal plants. Find out why in this class designed to familiarize students with the most common medicinal herbs of the area. Learn the fascinating stories of their traditional uses and how science supports many of those uses. This lecture will highlight various new plants not yet discussed in the Mountain Herbalists Series.

Both events are free and open to the public.

MCTA is dedicated to the education, sales, documentation and perpetuation of traditional arts in the mountain region.

For info, contact Hernandez at x3136 or <a href="mailto:mhernandez@frostburq.edu">mhernandez@frostburq.edu</a>.

# **Duncan to Present 'Blinded in Batesburg'**

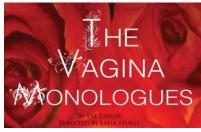
As part of the campus Faculty Lecture Series, *Andy Duncan*, an assistant professor in the English Department, will present "Blinded in Batesburg: Learning of a Hometown Atrocity" **Monday**, **Feb. 13**, at 7 p.m. in the Lane Atkinson Room (232).

When Duncan was nearly 40 years old, he learned of the Feb. 13, 1946, atrocity – committed by a family friend – that made his South Carolina hometown infamous, prompted a landmark civil-rights case and changed U.S. history. On its 66th anniversary, and in honor of Black History Month, Duncan will tell the amazing story of the Isaac Woodard incident and discusses its legacy in his classroom. An audience discussion will follow. Everyone is invited, including classes.

For info, contact Duncan at <a href="mailto:arduncan@frostburg.edu">arduncan@frostburg.edu</a> or x4241.



# **V-Day@FSU Presents**



V-Day@FSU will present a twonight-only benefit performance of Eve Ensler's award-winning play, "The Vagina Monologues," **Feb 16 and 17** at 7:30 p.m. at PAC Pealer Recital Hall.

Doors will open at 6:30 p.m. for the Information Festival, which features the Clothesline Project, campus and community groups who provide assistance, and V-Day merchandise.

For the 11th year in a row V-Day@FSU will donate the ticket and merchandise sales to the Dove Center, Family Crisis Resource Center and this year's V-Day Spotlight, which is Women and Girls of Haiti.

Tickets are \$6 for students and \$12 for the general public.

For info, call x7462 Monday through Friday from 9 a.m. to 12:30 p.m. and 1:30 to 4 p.m.

# Third Annual One-Act Playwriting Competition

The FSU Center for Creative Writing announces its third annual One-Act Playwriting Competition to showcase new works.

Writers are encouraged to submit their one-act plays (with a running time of 40 minutes or less) to the center by **April 2**. Entries will be judged on plot, character development, dialogue and overall quality.

The first prize winner will receive \$750 and production of his or her play at the Frostburg One-Act Playwriting Festival to be held on the FSU campus in September. Second and third prize winners will receive \$250 and \$100, respectively, and staged readings of their works.

For submission guidelines, visit the Center for Creative Writing's Web site at <a href="https://www.frostburg.edu/cwcenter">www.frostburg.edu/cwcenter</a>.

# **Points of Pride**

# Hein Exhibits Locally and Nationally

During the summer, **Robert Hein**, an assistant professor in the Visual Arts Department, had a piece in the Paducha National Photography Exhibit at the Yeiser Arts Center in Paducha, Ky., and a piece in the Early Morning, After Dark International Exhibit at the Minneapolis Photo Center in Minneapolis.

He has also had a piece in the Will's Creek National Survey Art Exhibition at the Saville Gallery in Cumberland.

Hein currently has a piece in the Family Dynamics National Exhibition, at the Kiernan Gallery in Lexington, Va

He will also have a solo exhibit at DeWitt's Second Floor Gallery in Cumberland from Feb. 3 through March.

## Greeks Glenn Wayson and Jamie Winters Receive Awards

FSU's *Glenn Wayson*, a member of Sigma Alpha Epsilon fraternity, and *Jamie Winters*, a member of Delta Zeta sorority and assistant director of Student Activities and Greek Life at

FSU, received prestigious awards at the 20-year anniversary celebration of Sigma Alpha Epsilon's chapter, Maryland Delta, held this fall.

William Mandicott, FSU assistant vice president of Student and Community Involvement, was also initiated as a full member to the fraternity during the anniversary celebration.

Wayson is a business administration major, economics minor and recently received the Order of the Phoenix, Sigma Alpha Epsilon's highest undergraduate award. This award is reserved for those brothers who exhibit unwavering devotion and leadership. Wayson is the Inter-Fraternity Council president for FSU and holds the position of social chair for his fraternity.

Winters received a certificate of appreciation from the Maryland Delta Chapter of Sigma Alpha Epsilon for her dedicated promotion and support of Greek life at FSU and the support of the Maryland Delta Chapter.

This spring Winters also received the Greek Life Dedication Award from the members of the FSU Greek life community.

For info on Greek Life at FSU, visit <a href="http://involvement.frostburg.edu/sci/greek/">http://involvement.frostburg.edu/sci/greek/</a>.

## Beta Gamma Sigma Inducts 14



Left to right, front (seated) – Amanda Grabenstein, Trevor DeVore, Caleb Stair, Donald Ross; second row – Matthew Clise, Dr. Kathie Shaffer, Dr. Sudhir Singh, Josh Sparks, Cody Morton, Melinda Duckworth; back row – Aaron Hirtzel, Robert Ketterman, Dr. Thomas Sigerstad, Dr. Joyce Middleton, Dr. Rick Johnson

Fourteen students – four graduate and 10 undergraduate students – were recently inducted into FSU's chapter of Beta Gamma Sigma, the international business honor society, during the fall 2011 semester.

Beta Gamma Sigma provides the highest recognition a business student can receive in an undergraduate or graduate program. Its mission is to encourage and honor academic achievement in the study of business, to foster personal and professional excellence, to advance the values of the society and to serve its lifelong members.

The FSU chapter of Beta Gamma Sigma was established after the College of Business received Association to Advance Collegiate Schools of Business (AACSB) International accreditation in 2005. Only AACSB-accredited schools can have Beta Gamma Sigma chapters. The new members of the FSU chapter are MBA students Melinda Duckworth, Aaron Hirtzel, Jie Li and Christopher Maley. Senior members include Matthew Clise, Laura Harosky, Robert Ketterman and Hannah Schott. Junior members are Trevor DeVore, Amanda Grabenstein, Cody Morton, Donald Ross, Josh Sparks and Caleb Stair.

Among the many membership requirements, a student's cumulative GPA must be in the top 10 percent of juniors, seniors and master's students.

For info, call the College of Business at x4019.

## FSU BURG Peer Education Network Earns National Award



From left, first row – Caitlin Weems, Veronica Morris, Chrissy DelloStrito, Jasmine Wilson, Shayna Kramer, Samantha Hammett, Sam Johnson; second row – Erin Ramsey, Otega Okurume, BURG adviser Don Swogger, Sheldon Jackson, Nicole Mangold, Bobby Croft

FSU's BURG Peer Education Network and its adviser, *Don Swogger*, were recently honored at BACCHUS Network's annual General Assembly in Reston, Va.

BURG Peer Education Network received the National Outstanding Network Affiliate award for the second year in a row. Swogger received the National Outstanding Advisor of the Year Award. FSU student **Sheldon Jackson**, who serves as BURG's recruitment chair and last year's Area 12 Student Advisory Council representative, was elected for one of two Student Trustee positions for the upcoming year.

At this conference, peer educators from across the country gather to share what they are doing on their campuses. BURG was nominated for a number of awards and individual positions.

BURG is a group of peers who believe in empowering, educating and creating change among peers at FSU and in the community. They promote healthy choices on campus and provide recreational alternatives to drinking and drugs. BURG is a nationally certified peer education group through the BACCHUS Network. Its members serve as peer educators by presenting several educational programs and awareness campaigns on campus each year.

Swogger has been advising the network for the past 20 years. In that time, the organization has won more than 35 awards, most of them on the national level.

For info about peer education at FSU, call the S.A.F.E. Office at x4761 or visit <a href="https://www.burgpeereducation">www.burgpeereducation</a> <a href="mailto:network.com">network.com</a>.

## FSU Students Attend Int'l Leadership Conferences

Students from the President's Leadership Circle attended two International Youth Leadership Conferences. FSU students *Mary* Biscoe, Brianna Watson, Marina Byerly, Josh Volpe, Chris Kelbaugh and Director of Leadership & Experiential Learning Doug Baer attended the International Youth Leadership Conference held in Dubai in mid-December. Biscoe served as a facilitator at the conference. These students had an opportunity to meet over 120 students from more than 35 countries and to learn leadership skills to help them in a global community.

Lap Nguyen, Sarah Kuhn, Eric Stinchcomb, Jonathan Williams, Benjamin Bolyard, Kelbaugh and Baer attended the International Youth Leadership Conference held in Prague, Czechoslovakia, in early January. This conference helped students with future employment and building tolerance for others while allowing them to discuss global concerns.

### **Volunteers for NOLA**

As a part of an Alternative Break trip coordinated by the Office of Volunteerism & National Service, 40 students and five staff members traveled to New Orleans. The group included Patricia Alderton, Jennifer Anyikude, Shaneka Baker, Mathew Beckman, Annabelle Busia, Lindsey Cheatham, Mercedes Cisneros, Courtney Dean, Desiree Despertt, Tara Devezin, Shannon Dunn, Kaiya Duppins, Hannah Ehlman, Kayla Garner, Tesia Gnagey, Nate Hargrove, Cierra Harman, Chris Harper, Elizabeth Hickman, Rachel Hickman, Jamie Irvine, Brandon Kelly, Erin Knadler, John Kulusic, Ashley Lang, Amanda Matousek, Kathleen May, Dom McAlily, Ryley McBride, Mason McIlwee, Allison Meads, Samantha Mulvey, Genesis Olivas, Dameca Oliver, Jada Oliver, Emily Pendleton, Akkriti Pun, Matthew Purnell, Rose Trimper, Alex Williams, and FSU staff members Robert Cooper, director of Student Activities and Greek Life; Robert Webber, director of Lane Center; Patrick O'Brien, associate director of Volunteerism & National Service; Ashley Daniels, VOICE volunteer coordinator; and Robin Wynder, director of the Diversity

The group participated in volunteer work from Jan. 8-14. They volunteered at five sites in the New Orleans region, including Habitat for Humanity, St. Bernard Parish Animal Shelter, Arc of

New Orleans, Autobahn Nature Institute and the Lower Ninth Ward.

#### **Foundation News**

# Wellness Outreach Fund Promotes Authenticity



Thanks to the generosity of a former FSU educator and her husband, FSU students will have more ways to discover their sense of self through new and expanded experiential learning opportunities.

Marion Leonard, an art and community wellness advocate and a professor emeritus of FSU's College of Business, and her husband Kim Leonard, president of Aircon Engineering in Cumberland, Md., have established the Kim and Marion Leonard Wellness Outreach Fund. The fund was created to support FSU's Student and Educational Services division in developing more programming and activities that empower educators to design learning experiences focused on "mindfulness, authenticity, awareness, vulnerability, openness, trust, listening and respect.'

The need for students to determine what really inspires them is so important to their becoming life-long learners, Marion Leonard said, and can be supported through experiential learning techniques that bring about more meaningful interactions with others and a more authentic sense of self. She first began encouraging students to be more self-reflective by asking her MBA classes introspective questions while she was teaching communications, leadership and organizational development in FSU's College of Business. Her work as an educator and her own personal journey led her to obtain a master's degree from the Institute of Transpersonal Psychology and to seek out yoga and other more holistic wellness practices.

A former financial planner who has led numerous classes and workshops in leadership training, she was excited when, in the '90s, the business world began putting more emphasis on emotional intelligence as a key component of good leadership.

Offering more education on emotional intelligence can really enhance how students become successful, she said.

The Kim and Marion Leonard Wellness Outreach Fund comes to FSU at a time when the University is placing more emphasis on experiential learning – how students understand

what they learn in the classroom by applying it to "outside-the-classroom" experiences such as internships, volunteerism, research and other hands-on learning activities. The University's focus on experiential learning also includes helping students find their authentic sense of self through more introspective educational experiences. FSU has identified further developing experiential learning as one of its most important institutional priorities.

Dr. Tom Bowling, FSU's vice president of Student and Educational Services, has led the way in developing many of FSU's experiential learning opportunities over the years, including his role in establishing FSU's Roadtrip Nation program (based on the popular television show of the same name) and incorporating StrengthsQuest in orientation classes, which helps students identify five personal strengths they can use to achieve academic, career and personal success. The Kim and Marion Leonard Wellness Outreach Fund will help Student and Educational Services expand those existing programs and grow new opportunities, he said.

For info about supporting FSU, visit foundation.frostburg.edu or call x4161 or 1-866-241-3296, toll free.

## **FSU Alum Travel** Adventure – Tuscany!



Take an unforgettable journey with fellow FSU alums to beautiful Tuscany. The trip, coordinated with AHI Travel, will be from June 13 to 21. The price is \$2,795, not including VAT and airfare.

The adventure features six nights in Cortona and two nights in Florence. Excursions will include Cortona, Assisi, Perugia, the Museum of the Etruscan Academy, a winery visit, Pienza, Montepulciano, Siena and Florence. For info or to register, call AHI Travel at 800-323-7373 or visit

http://frost.ahitravel.com.



# **University Store Happenings**

**Book Buyback** 

The Book Buyback will be held Wednesday, Feb. 1, and Thursday, Feb. 2, from 9 a.m. to 4 p.m. at the University Store back hallway in Lane Center. A photo ID is required.

#### **University Store Spring Rush Hours**

• Monday, Jan. 23, 8 a.m.-6 p.m.

- Tuesday, Jan. 24, 8 a.m.-6 p.m.
- Wednesday, Jan. 25, 8 a.m.-6 p.m.
- Thursday, Jan. 26, 8 a.m.-6 p.m.
- Friday, Jan. 27, 8 a.m.-4:15 p.m.
- Monday, Jan. 30, 8 a.m.-4:15 p.m.

#### **Important Info Regarding Textbooks**

Spring 2012 textbooks are available to purchase at the University Store in Lane Center or on the store's website at <a href="http://bookstore.frostburg.edu">http://bookstore.frostburg.edu</a>.

Pick-up orders placed for spring 2012 textbooks are available to pick up at the store's back hallway. A photo ID is required.

Allow 24 business hours for the completion of new orders.

The last day for textbook refunds is Tuesday, Jan. 31, and a receipt is required.

#### Back-to-School Sale!

The University Store and Bobcat Store are having a sale through Jan. 31 – 75 percent off clearance and 25 percent off apparel and imprinted gifts. This is an in-store promotion only. No other discounts apply. Furniture, diploma frames and class rings are not included in the sale.

### **FSU Social Media Resources Available**

FSU's Social Media Group reminds everyone of some great social media resources available to the campus community.

Check out the newly revamped eFrostburg Community webpage at www.frostburg.edu/socialmedia/ efrostburg, which includes feeds from FSU's official social media accounts, all in one place! FSU's Jonathan Yoder helped bring this social media community webpage to fruition.

Join the conversation and get the latest news about how social media is changing the higher ed landscape by "Liking" the eFrostburg Community Facebook page at <a href="facebook.com/">facebook.com/</a> efrostburgcomm.

Get ideas for how to effectively market and grow engagement on your FSU social media sites by downloading FSU's social media marketing plan at http://bit.ly/vZoqQY.

Learn more about FSU's social media initiatives and resources by contacting the University's Social Media Group at efrostburgcomm@frostburg.edu.

### **Tutoring Center's New** Satellite Office

The FSU Tutoring Center, with Edgewood Commons, will open its first satellite office on Monday, Jan. 30. The hours of operation will be Monday through Thursday from 1 to 3 p.m. and 6 to 8 p.m. and Sundays from 6 to 8 p.m. The office will be on the fourth floor of Edgewood's study tower next to room 450. This new office will feature walk-in tutoring sessions, as well as clinic-style tutoring.

Check back with FSU Statelines, Edgewood Commons' Facebook page or the Tutoring Center's Facebook page, or stop by the FSU Tutoring Center in Pullen 151 for more info.



#### **Greek Recruitment**

Come meet the fraternity men at FSU on Wednesday, Jan. 25, at 7 p.m. in the Lane Atkinson Room (232). Play a round of miniature golf and learn more about fraternity life.

#### **College Panhellenic Sorority Recruitment**

- Recruitment Sign Ups, Jan. 29-31, Lane Center
- **Potential New Member** Orientation, Tuesday, Jan. 31, 7:30 p.m., Lane Atkinson Room (232)
- Potential New Member Meeting, Wednesday, Feb. 1, 6:30 p.m., Old Main 105

Learn more about sorority life at FSU. To sign up, go to <a href="https://www.wix.com/">www.wix.com/</a> sororityrecruitment/frostburg#.

# **Get Involved Upcoming UCM Events**

For info, contact the Rev. Dr. Cindy Zirlott at x7490 or c.zirlott@frostburg.edu.

Note: Chaplain Cindy Zirlott's office has moved. UCM is now located in Hitchins 308. Office hours are 10:30 a.m. to 5:30 p.m. on Mondays, Tuesdays and Thursdays and 3:30 to 5:30 p.m. on Sundays, or by appointment.

Service/Volunteer Sign-Up Opportunity, FSU Snow Brigade, Jan. 25-26 and Feb. 1-2, 10 a.m. to 2 p.m., Lane Center Welcome Tables. Sign up to help the elderly and others with limited mobility remove snow on steps and sidewalks. This team of volunteers makes a commitment to help remove snow from 8 to 10 a.m. in neighborhoods around Frostburg. You can sign up in the Lane Center on the dates above or contact Chaplain Cindy. More info will be given during sign-up.

**Agape Latte, Jan. 25-26**, 10 a.m. to 2 p.m. Stop by the Lane Center and Chaplain Cindy will buy you a latte for a brief conversation about the religious groups on campus and sign-ups for service opportunities. You can just stop by to pick up print materials, too.

UCM Spring Welcome Bash, Sunday, Jan. 29, 7 to 9:30 p.m., Library 237 (down the steps near Lane Center). The FSU community is invited to a fun opportunity to meet new people, reconnect with friends and enjoy Karaoke, some fun games and refreshments.

### **First Night Frostburg**

First Night Frostburg will be held on **Jan. 25**, from 7 to 11 p.m. in Lane Manicur Hall. This event is free and open to FSU Campus Community.

Start the semester off right with this awesome event! Challenge your friends to laser tag or mini-golf, design your own dry erase board or get your name etched in glass, or even showcase your talent at Karaoke. There's plenty of food to go around, and you could even win some cash.

For info, contact Dominic McAlily at <a href="mailto:dbmcalily0@frostburg.edu">dbmcalily0@frostburg.edu</a> or x4192.

# International Where Would You Like

# Where Would You Like to Study Abroad?



A student and primate friends in Botswana

The Center for International Education offers various ways for FSU students to see the world. In some cases, students can pay FSU tuition, room and board and study for a semester or a year in Ireland, England, Spain, France, China, Italy, Australia, Peru, Botswana or in many other countries. FSU also offers summer study abroad programs. Financial aid, student loans and scholarships are available.

For info on the following, visit the Fuller House (across the street from Braddock House), call x4714 or email Victoria Gearhart at <a href="mailto:vmgearhart@frostburg.edu">vmgearhart@frostburg.edu</a>. Also, check out the CIE website at <a href="www.frostburg.edu/admin/cie/stdyabrd.htm">www.frostburg.edu/admin/cie/stdyabrd.htm</a>.

#### Beijing/Shanghai/Hangzhou/Xi'an, China – Summer 2012



FSU students can experience Chinese culture, history and economic development via a two-week trip to visit four major Chinese cities while earning FSU credits. The faculty-led trip is a component of IDIS 350 China in the 21st Century/MGMT 490 Special Topics in Business Administration – Management, which will be offered in the first six-week session of summer 2012. Students can enroll in either course for three credits, or in both for

six credits. The application deadline is **Jan. 31, 2012**.

#### Changsha, China - Fall 2012

Through the China Exchange
Program, FSU students can spend a
semester at Hunan Normal University
(www.hunnu.edu.cn/english) in
Changsha, Hunan Province, P.R. China.
Students pay FSU tuition and fees
(based on residency status) through
their student e-bill account and room
and board costs to Hunan Normal
University. Living costs are generally
less expensive than at FSU and courses
are taught in English.

#### Limerick, Ireland – Fall 2012

Students can study for a semester in Ireland at Mary Immaculate College and pay FSU tuition. Financial aid can be used to help cover the costs of room and board. Credits will transfer back to FSU. Check out the website for Mary Immaculate College at <a href="https://www.mic.ul.ie">www.mic.ul.ie</a>.



For info and registration, contact AFL coordinator Amy Nazelrod at x7934 or anazelrod@frostburg.edu.

#### **Youth Swimming Lessons**

Youth swimming lessons for children ages 4 to 13 will be offered on Mondays and Wednesdays **from**Jan. 30 through Feb. 15. The classes will be from 6 to 6:50 p.m. in the FSU Pool in the Cordts PE Center. Youth swimming instruction is separated into skill levels based on the child's swimming ability coming into class.

#### **Creative Movement Class for Children**

A Creative Movement class for children ages 3 to 5 will be offered from Feb. 1 through March 7. The class will be held on Wednesdays from 5:15 to 6 p.m. in the Cordts 106.

This class will introduce children to dance and movement. The students will learn fundamental skills, musicality and experience using props to enhance their movement learning. Dance attire, such as leotards, tights and ballet slippers or socks, is preferred, although leggings and tight-fitting sweatpants and T-shirts are acceptable.

Space for the class is limited to 12 students. The registration and payment deadline is **Monday**, **Jan. 30**.

#### **Lifeguard Certification Class**

A lifeguard certification class will be offered from Feb. 23 through March 2.

Lifeguard students are required to have strong swimming skills and should be able to complete a series of prerequisites on the first day of class, including a 300-yard continuous swim; 10 minutes of treading; 10- to 25-yard sprints; and the following activities in sequence – a 20-yard swim, a feet-first surface dive, a brick retrieval from 12 feet, a swim back to side and an exit from the water.

The class will be held at the following times and locations:

- Thursday, Feb. 23, 5 to 8 p.m., Cordts 110-1
- Friday, Feb. 24, 5 to 10 p.m., FSU Pool
- Saturday, Feb. 25, 8 a.m. to 6 p.m., Cordts 110-1
- Sunday, Feb. 26, 8 a.m. to 5 p.m., FSU Pool
- Tuesday, Feb. 28, 6 to 10 p.m., FSU Pool
- Thursday, March 1, 6 to 10 p.m., FSU Pool
- Friday, March 2, 6 to 9 p.m., FSU Pool

Participants must attend all given classroom and pool times, and must be 15 years old before the conclusion of the class.

The payment deadline is **Feb. 20**. Checks must be made payable to FSU. A lifeguard book is available free of charge online, or in print for an additional fee.



### **Frostburg Food Drive**

Because of the critical demand for food this year, the Frostburg Food Pantry supplies are getting low. The Frostburg Rotary Club and Pantry Partners are conducting a food drive. In honor of 2012, the groups are aiming to collect 2012 pounds of food.

People are asked to donate 12 items of one particular thing (beans, ketchup, pancake mix, boxes of mac and cheese, soup, etc); however, any contribution will be appreciated.

Connie Ralston (x4994) can pick up donations or you can drop them off at her office in Sand Spring 118. You can also drop them off at Armstrong Insurance on Water Street. Donations will be accepted through Friday.

## 'Family, Memory, Dreams' to Be at DeWitt Gallery

A new exhibit by Robert Hein, "Family, Memory, Dreams," will be on display on the second floor of DeWitt's Gallery at 56 N. Centre St. in Cumberland.

The opening reception will be **Friday, Feb. 3, 2012**, from 6 to 9 p.m. For info, call 301-724-0393 or email dewittcamera@atlanticbbn.net.

# **Duo of Traditional Irish Fiddle Music and Songs**

Jesse Smith (fiddle) and Ryan McGiver (guitar and vocals) will perform traditional Irish music and songs **Sunday**, **Feb. 12**, at 3 p.m. at MCTA.

Smith, an American musician who grew up in Baltimore immersed in the Irish music tradition, has lived in Ireland for over 13 years. He started playing the fiddle at an early age, studying with the renowned teacher and player Brendan Mulvihill. In 1998, his love for the music took him to Ireland, where he made his mark as a fiddler, touring and recording with the great Irish band Danú.

McGiver has toured extensively throughout the U.S., Asia, Australia and Europe over the past decade, playing a mixture of traditional Irish and American music. He has recorded and shared stages with a diverse and eclectic mix of traditional, folk and rock musicians, including Kevin Crawford, Cillian Vallely, Susan McKeown, Edel Fox, Doug Wieselman, Jolie Holland and Shahzad Ismaily.

This event is free and open to the public.

The concert is brought to you, in part, by a grant from Cultural Ireland and is cosponsored by 91.9 WFWM.

For info, visit the following links: <a href="https://www.mdmountainside.com/attraction/mountain\_city\_traditional\_arts">www.mdmountain\_city\_traditional\_arts</a>, <a href="https://www.ctims.info">www.ctims.info</a> (info and sound clip for Smith) and <a href="mailto:ryanmcgiver.com">ryanmcgiver.com</a>.

FSU Events Calendar
MONDAY, JAN. 23 Welcome Back! Student Internet Support
TUESDAY, JAN. 24 Student Internet Support
WEDNESDAY, JAN. 25 Classes Begin Late Registration/Drop/Add (through Feb. 1) Student Internet Support 9 a.m6 p.m. Lane 113 Women's Basketball: York, York, Pa. 6 p.m. Away UPC First Night Frostburg 7-11 p.m. Lane Manicur Hall UPC First Night Frostburg Karaoke 7-11 p.m. Lane Loft Stage Men's Basketball: York, York, Pa. 8 p.m. Away
THURSDAY, JAN. 26 Student Internet Support 9 a.m6 p.m. Lane 113 Blackout Day noon-1 p.m. Campuswide BURG General Body Meeting 6 p.m. Lane 111
FRIDAY, JAN. 27 Student Internet Support
SATURDAY, JAN. 28 Women's Basketball: Stevenson
SUNDAY, JAN. 29 Chapel Worship Service
Questions? Call 301-687-4411. All information is subject to change.

Note: FSU is committed to making all of its programs, services, and activities accessible to persons with disabilities. To request accommodations through the ADA Compliance Office, call 301-687-4102 or use a Voice Relay Operator at 1-800-735-2258.

# **Don't Crowd the Plow!**

