

Good afternoon,

I would like to delay my weekly message until tomorrow and take a moment to reflect on the past few days. I am grateful to everyone in our university community that responded to help others as we've navigated through this time.

My thoughts and prayers continue to go out to the students who were physically injured last weekend as well as those students who are struggling emotionally. Events like this one are becoming much too common place in our lives. We are forced to accept senseless acts like this while helping others as well as ourselves.

I ask that we reflect on the importance of each life and the happiness associated with life. It can be taken away so easily. The importance of community becomes paramount as the understanding and healing process requires us to rely on each other. We may never understand or explain the reasons behind these tragic events.

What we must do is lean on each other and provide each other comfort. None of us are alone, and we can find strength in one another. What we can do is be there for each other. We must come together, support one another and find strength in our FSU community.

Please continue to reach out if you need support. Students, please reach out to CAPS if you need to speak with someone.

Together, we can heal and move forward from this tragic event.