FROSTBURG STATE UNIVERSITY
CENTER FOR ACADEMIC ADVISING AND RETENTION

Academic Probation Program	Academic Success Plan

Name _____

ID _____

Email _____

Preferred Phone _____

Major_____

Athlete? *No   Yes*

Minor _____

Sport: _____

University Advisor _____

Faculty Mentor _____

For Completion by University Advisor   Cohort _____   Cumulative GPA _____

Credit Completion Ratio _____   Current Semester Credits _____

Transcript/Schedule Audit

SAP

	Pre-College	Semester 1		Semester 2	Semester 3	Semester 4	Total
Completed							
Attempted							

Credits Completed: _____   Credits Attempted: _____   Credit Completion Percentage: _____

Financial Aid Referral: YES   NO

Credits in Progress: _____   Total credits at the end of the semester: _____

GPA Needed to Meet Academic Progress Standards:

- **1.00 (0-14 Credits Earned)**
- **1.40 (15-29 Credits Earned)**
- **1.60 (30-44 Credits Earned)**
- **1.80 (45-59 Credits Earned)**
- **2.00 (60+ Credits Earned)**

Course Repeat Recommendations:

NCAA Division II Eligibility Requirements

Academic Year	Previous Semester Credit Hours	Fall/Spring Combined Credit Hours	Academic Year Credit Hours	Minimum GPA	Full-Time Enrollment
1st Year	9 Credits	18 Credits	24 Credits	1.65 Fall / 2.0	12 Credits
2nd Year	9 Credits	18 Credits	24 Credits	2.0	12 Credits
3rd Year	9 Credits	18 Credits	24 Credits	2.0	12 Credits
4th Year	9 Credits	18 Credits	24 Credits	2.0	12 Credits
5th Year	9 Credits	18 Credits	24 Credits	2.0	12 Credits

Notes:

After 4th semester, only degree applicable courses are counted as credit hours toward eligibility. Therefore, major changes should be made at the conclusion of the semester.

Retaking Courses: When student-athletes retake a course for which they have already received credit, the credits can only be counted once.

Developmental Courses: Developmental math courses (DVMT-095, DVMT-099) count toward full-time enrollment status, but not toward credits earned.

Meeting 1: Review Transcript Audit and Cover Contract

Student Next Steps & Goals	Advisor Next Steps

Meeting 2: Identifying Strengths & Points of Struggle

My positive characteristics:

_____

_____

_____

My interests & strengths (List academic and nonacademic):

_____

_____

What are the factors that influenced your previous semester's academic performance? It is important to identify struggles to move forward more successfully.

Place a check mark *by the items that you feel may have limited your success,* ***circling*** *the factors that most impacted you.*

Goals and Direction
___Unsure of interests/Unable to decide on major   ___Overall lack of motivation
___No clear career goals   ___Not sure I want to be in college
___Unsure if present major is right for me   ___Not sure FSU is the right university

Time Management and Organization Skills
___Overall difficulty managing time   ___Fall behind in reading and class work
___Use a planner to record academic and   ___Hand in assignments late
   non-academic commitments   ___Lose or cannot find important class
___Procrastinate on course assignments, test   information, papers, etc. when needed
   preparation, etc.   ___Poor organization skills
___Spend too much time on leisure/personal   ___Feeling overwhelmed
   activities   ___Working to many hours
___Make daily to do lists but don't follow through   ___Waste time on low priority activities
    ___Other_____

Academic Skills
___Lack of general study skills   ___Little or no class participation
___Do not follow a study plan   ___Inadequate test preparation
___Do not use a designated study area   ___Test taking or test anxiety issues
___Difficulty understanding textbook readings   ___Study but cannot pass tests
___Spend too much time on reading assignments   ___Poor attitude toward class and/or professor
___Little or no preparation before class   ___Did not meet with professor or TAs for help
___Poor in-class note-taking skills   ___Technical issues
    ___Other_____

In what two classes did you struggle the most last semester? What grades did you earn in each class?

_____   _____

Class Attendance: *Please indicate your overall pattern of class attendance during the most recent semester*:
_____   I missed rarely or never.   _____   I missed 2-3 classes per week.

_____   I missed 3-5 classes per week.   _____   I missed over 5 classes per week.

Did your attendance vary depending on what time it was, how you were doing, if you liked it, etc.? _____Yes _____No

Please explain: _____

_____

Personal Issues:

___Physical illness or injury	___Distracted by family problems at home
___Financial problems	___Substantial family commitments
___Dating or other relationship problems	___Use of alcohol or other substance abuse
___Housing, roommate issues	___Feel stressed and overwhelmed much of the time
___Can't make friends	___Can't find meaning for anything
___Homesickness	___Feel "blue" much of the time
___Problems sleeping or lack of sleep	___Racial or other diversity issues

Please explain how the issue(s) checked above influenced you during the previous semester.

_____

_____

_____

Academic Support Resources: List resources you used last semester such as professors' office hours, tutoring, classmates, etc.

_____

_____

Did you use a daily planner or other type of time management tool last semester?   Yes   No

*If yes, what type*_____   *Were you able to stay organized and use*
                                                                        your time effectively using this planner/tool?   Yes   No

Anything else?

Please add anything that might be important for your University Advisor to know, including if you have a learning or other kind of disability.

_____

_____

Student Next Steps & Goals	Advisor Next Steps

Meeting 3: Course & Semester Grade Goals and GPA Predictions

Course & Title	Reasons for taking (major req., GEP, repeat)	Credits	Grade Goal	Quality Points
Total Credits & Quality Points				

Current GPA: _____	Spring Term Goal GPA: _____
Current Credit Completion Ratio: ____ /____	Credit Comp. Ratio Goal: ____ /____
	Projected Cumulative GPA: _____

Course	MTW Grade

Student Next Steps & Goals	Advisor Next Steps

Meeting 4: Midterm Warning(s) Check-in

The middle of the semester is a good time to re-assess your academic goals. Complete the table below to analyze your academic progress around midterms. Once you have an idea of how you are doing, identify some goals you want to achieve by the end of the semester.

Course	Midterm Grade	# of Exams Remaining	Points Remaining	Desired Grade	Points Required to Achieve Desired Grade

Where are you excelling?

_____

_____

What challenges are you facing?

_____

_____

How can we overcome those challenges?

_____

_____

Student Next Step & Goals	Advisor Next Steps

Meeting 5: Registration Questions and Scheduling

Upcoming Semester					
Course	Credits	Repeat?	Major	Minor/Elective	GEP

	Notes
Holds	
Registration	
SAP	
Dismissal	
Appeal Processes	
Moving Off of Probation	