

Worksheet for Creating an Academic Recovery Plan

The following topics may be helpful when developing your personal Academic Strategy.

Identify issues that have impacted your past academic performance. Your recovery plan should include strategies addressing the three categories of factors as listed below.

Academic Behaviors

- Class attendance and tardiness
- Study habits and self-management
- Time management
- Learning strategies needing improvement
 - Note-taking
 - Textbook reading and comprehension
 - Test preparation

Social and Campus Connections

- Comfort level with campus living
- Engagement with peers, faculty, staff
- Involvement in departmental and academic organizations
- Attendance at university programming and events
- Participation in athletic activities
- Living arrangements, on- and off-campus
- Social life, parties

Personal Factors

- Family issues (financial, health, social)
- Job, on- or off-campus
- Finances, ability to buy needed supplies and textbooks
- Health issues
- Personal adjustment issues

Any additional academic goals or personal commitments?

Please be complete and **honest** when completing the following form. It will be placed in your file and referenced in the future. We will assess whether you followed through on your promises and met the expectations for GPA.