

## **Supplemental Application Instructions Master of Science in Counseling Psychology**

- **Self-statement**

All applicants are to provide a typewritten statement (limited to three pages single spaced) in which the following points are addressed:

- Briefly describe yourself, e.g., Where are you from? Whom do you consider to be your family? What are you currently doing with your life in terms of education and/or work? What are your recreational interests? Etc.
- What are your specific life and career goals and aspirations?
- Are there significant life experiences that you have had that were instrumental in your choosing a career in counseling?
- Identify your current strengths and needs for development.
- Describe the typical ways you deal with stress and conflict with others.
- Why did you choose to apply to Frostburg State University's Counseling Psychology program?
- After having read through the materials that describe our program, what, if any, concerns or questions do you have about our program?

- **References**

- Applicants seeking admission to the M.S. in Counseling Psychology degree program are asked to obtain three references (at least two of which must be academic – exceptions must be justified). Please sign each waiver and ask those recommending you to complete the Request for Recommendation form. The applicant should provide the respondent with a stamped envelope addressed as follows: Office of Graduate Services, Frostburg State University, 101 Braddock Road, 141 Pullen Hall, Frostburg, Maryland 21532-2303.
- If you are applying for a graduate assistantship, please fill out the Graduate Assistantship application. You do not need to provide additional references with the Graduate Assistantship application.